

CLASSIC

A publication for Northwestern College alumni & friends • Spring 2006

In the Depths

Help for students in crisis





Dr. Bruce Murphy
President

Rx for a unique nursing program

The count was 54 in favor and five against, with one abstention. After several months of careful analysis and stimulating discussion, the faculty voted to approve a nursing program for Northwestern in January.

This is not just any nursing program. Reflecting Northwestern's mission and identity, it includes two semesters of foreign language classes and courses such as Contemporary Moral Issues, Nursing for Shalom, Cross-Cultural Nursing and Nursing Leadership.

Dr. Ruth Daumer, the director, did an exceptional job of developing the program, and the Academic Affairs Committee led the faculty in a candid and comprehensive consideration of the proposal. The final vote was a resounding affirmation of their work—perhaps signaling a new understanding of the liberal arts in our day.

From its first years as a four-year institution, NWC has been committed to providing a liberal arts education. Many might see the decision to add a nursing program as a step away from the liberal arts—for some a negative step, for others a positive one. In either case they would be wrong.

Defining the liberal arts today is no easy task. In the Middle Ages, educators took their lead from ancient Greece and Rome and identified the liberal *arts* as the trivium (grammar, rhetoric, logic) and the quadrivium (arithmetic, geometry, music/harmonics, astronomy)—skills and subject areas that liberated students from the drudgery of manual labor by helping them understand the underlying systems of the world.

As such, it was education for leaders—quite different from technical training. For a time this neat distinction seemed to serve society well, but the emergence of a new middle or professional class muddled the liberal arts waters—and they remain muddy today.

A minority of colleges and universities in our time have sought to retain the earlier distinction, rejecting all professional preparation in their curriculum. Another group, this one growing each year, focuses entirely on professional training with no attempt to include the liberal arts. Increasingly these programs are operated by the professions themselves and, unlike most educational opportunities in our culture, are housed in for-profit institutions. A third group—the largest—has attempted to add professional preparation on top of a liberal general education curriculum—diluting both, some would argue.

Northwestern is taking another, and we believe preferable, approach—one that grows out of our Reformed identity and mission. Instead of rejecting either the liberal arts or professional preparation—or simply adding one to the other—we seek to integrate them. Our nursing program is a great example. In response to God's call to serve—and guided by God's word—our goal is to educate professionally competent nurses who think critically, understand widely and love deeply.

Please pray with us as we prepare for the first group of nursing students who will begin taking courses next fall.

Bruce Murphy

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“Northwestern is taking another, and we believe preferable, approach—one that grows out of our Reformed identity and mission. Instead of rejecting either the liberal arts or professional preparation—or simply adding one to the other—we seek to integrate them.”
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Fifth Annual Red Raider Classic

Friday, June 9 • Landsmeer Golf Club, Orange City

All former Raider athletes and friends of the athletic department are invited to participate in this four-person scramble. Golfers will be able to designate the proceeds from their entry fee to the sport of their choice. The event includes a noon lunch, 1 p.m. best-ball shotgun start and 5:30 p.m. dinner.

For more information, contact Kyle Achterhoff: 712-707-7282 or achterhk@nwciowa.edu.

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The *Classic* is published quarterly—in April, June, October and December—for alumni and friends of Northwestern College. So named because it served what was then known as the Northwestern Classical Academy, the *Classic* was the school's first student newspaper, begun in 1891. It has been an alumni publication since 1930.

Send correspondence or address changes to the *Classic*, Northwestern College, 101 7th Street SW, Orange City, IA 51041-1996.

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Northwestern featured at Christian college forum



Jeff and Karen Barker were featured in a video shown at the International Forum on Christian Higher Education.

Northwestern was well represented when 1,200 people gathered for the International Forum on Christian Higher Education in Dallas March 30–April 1.

The event, sponsored by the Council for Christian Colleges & Universities, included three “Let Your Voice Be Heard” videos shown at plenary sessions that told stories from across the organization’s constituency. The first four-minute video featured NWC theatre

professors Jeff and Karen Barker, focusing on the commitment they and the NWC theatre program have to ensemble work, servant leadership and the transformation of culture.

“The love and respect Karen and Jeff have for students is so evident, and they call all the students in the department to that as well,” says senior Kristi Woodyard on the video.

“That’s the essence of those two,” adds Dr. Keith Anderson, dean of spiritual formation and vocation. “It’s Jeff and Karen always teaching, loving and integrating.”

The video concluded with this comment from Karen: “We’re trying to model artists who can do excellent work

because they have a calling to a particular place and time, and if we live into that calling, the art that comes out of it can be really stunning.”

Three of Northwestern’s leaders—Anderson, President Bruce Murphy and Vice President for Student Development John Brogan—presented a session on “Spiritual Formation: A New Way of Doing College.”

“Our purpose was to create a conversation about how we can recognize the essential integration that exists between academic learning, spiritual formation and the development of the person,” says Anderson. “We wanted to help people consider ways of knowing that will not separate prayer from thinking, social development from academic life, and formation for vocation from the development of mind and soul.”

Anderson began speaking from his role as a CCCU senior fellow for spiritual formation, talking about what he observes as “silos” on campuses—the problem of not seeing the “whole” of education.

Murphy talked about his vision for an education that leads to wisdom. He also emphasized the need to bring a new pace to higher education that allows students and faculty time to reflect and that helps to cultivate a way of life that allows for lifelong learning, not just lifelong busyness.

Brogan, a former member of Northwestern’s religion faculty, provided observations from his perspective as an academic who is now in student development, working alongside spiritual formation and academics.

Guidebook recommends NWC programs

Thirteen of Northwestern’s academic programs are listed in the 2006 edition of *Rugg’s Recommendations on the Colleges*, a national guidebook that recommends specific college departments to prospective students. The selected programs are athletic training, biology, chemistry, ecological science, education, English, history, music, physics, psychology, religion,

Spanish and theatre.

Written by Frederick Rugg, a former secondary school college counselor who now gives college seminars around the country, the book includes programs at 1,050 four-year colleges that he has identified as providing a high-quality education.

Rugg’s publication relies heavily on random polls of students at those colleges.



Ecological science is one of Northwestern’s 13 programs listed in Rugg’s *Recommendations on the Colleges*.

Students present biological research

Biology majors Jason Helmus of Rock Valley and Laura Rensink of Sioux Center presented papers at the annual meeting of the Midwest American Society of Animal Science in Des Moines in March.

Under the guidance of Dr. Abe Scheaffer, visiting assistant professor of biology, Helmus and Rensink have been working to understand metabolic differences between cows that get pregnant and those that do not after embryos have been transferred to the cows.

Rensink, a sophomore, presented a paper entitled "Milk Production of Dairy Cows and How That Affects Conception Rates." Helmus, a junior, spoke on "Hormone Concentration as Good Indicators of Fertility in Cows."

Scheaffer received a Northwestern College mini-grant last summer to study the various aspects of a lactating dairy cow's metabolism that likely contribute to a pregnancy rate. The mini-grant gave Helmus and Rensink the opportunity to work with Scheaffer and TransOva Genetics, conducting research once a week during the summer at Turner County Dairy in Tea, S.D.



Research with Dr. Abe Scheaffer into the metabolism of pregnant dairy cows led to conference presentations by Jason Helmus (left) and Laura Rensink.

NWC names Forgette associate academic dean



Dr. Adrienne Forgette, associate professor of psychology, has been

appointed associate dean for academic affairs. She will begin her new duties this summer.

Forgette, who has been serving for the last two years as interim associate dean of assessment and accreditation, will have main responsibilities in the areas of curriculum, faculty development and assessment.

"Adrienne has contributed much to this com-

munity already, and we're looking forward to working with her in this new role," says Dr. Jasper Lesage, vice president for academic affairs.

"She has a good understanding of and commitment to Northwestern's mission. She has the confidence of the faculty through their experience with her, and she has demonstrated leadership in administrative work in the areas of assessment, accreditation and new faculty orientation."

Forgette led the committee of faculty, staff and students that developed Northwestern's self-study for reac-

creditation by the Higher Learning Commission of the North Central Association. "Her work on the self-study was exemplary," says Lesage, "and played a significant role in the very positive report we received from evaluators who were on campus last fall."

Dr. Doug Carlson, professor of history, will continue in his role as associate dean for multicultural affairs and off-campus programs.

"I'm looking forward to working with Adrienne and Doug to serve faculty and students," says Lesage. "I also want to express thanks to the other interim associate deans who have served over the

last two years: Dr. Sara Tolsma in faculty development and Dr. Kim Jongerius in curriculum."

Forgette joined Northwestern's faculty in 1995 after earning her doctorate in clinical psychology from Fuller Theological Seminary's Graduate School of Psychology. She also holds a master's degree in theology from Fuller and a bachelor's in psychology from California State University, Fullerton. She serves as the faculty representative to Northwestern's Board of Trustees and as chairperson of the psychology department.

Northwestern theatre tours new Sudan drama

Northwestern's Drama Ministries Ensemble (DME) will hit the road again this summer, June 12–Aug. 7, performing a new drama about a missionary nurse who served in Sudan.

Sioux Center Sudan, written by Northwestern theatre professor Jeff Barker, tells the true story of Arlene Schuiteman, an Iowa schoolteacher turned missionary nurse to Africa in the 1950s.

One of the first people she met at the outpost of Nasir was a young man with tuberculosis. He taught her the Nuer language while she nursed him back to health and shared Christ's love.

Schuiteman's ministry touched many members of the young man's tribe before she was thrown out of the country in 1963, just as the civil war began. Barker says she served as a nurse in Ethiopia and Zambia, but her heart was and still is in Nasir. "She refers to it as home."



Missionary nurse Arlene Schuiteman's story takes stage in Sioux Center Sudan.

Schuiteman never returned to her Sudanese home, instead retiring in Iowa in the late 1980s. In God's mysterious ways, though, he brought Sudan to her through a reunion that spanned miles and years.

Barker has also written original worship dramas

about AIDs and September 11. Like *Sioux Center Sudan*, those plays told true stories—of a mother whose son had AIDS and a schoolteacher whose teddy bear ministry brought comfort to over 60,000 NYC children after 9/11.

Barker's plays have been performed off-Broadway in New York and at the Crystal Cathedral in California.

The 10-member DME team will perform in churches and in some community theatres across the country. They will travel to the Network of Biblical Storytellers annual conference in Georgia in August, but the rest of the summer schedule is still being planned.

Contact Kelly Van Marel, the tour coordinator, at theatretour@nwcwiowa.edu or 712-707-7257 to receive a brochure or to express your interest in hosting Northwestern theatre at your church.

Koerselman joins board



Corky Koerselman '82 is the newest member of the Northwestern College Board of Trustees. He

was appointed to a four-year term by the East Sioux Classis of the Reformed Church in America.

Koerselman teaches vocal music at Sibley-Ocheyedan (Iowa) High School, where he previously served as guidance counselor.

The director of the senior choir and worship team at First Reformed Church in Sibley, Koerselman has also served on consistory and as a Sunday school teacher.

He earned a master's degree in secondary guidance and counseling at Northwest Missouri State University.

Koerselman and his wife, Sherri (Van Der Vliet '82), are the parents of three children, including Beau '03.

Wooldridge receives summer research grant



Dr. Marc Wooldridge, associate professor of music, has been selected to receive the college's third annual \$10,000 Competitive Summer Research Grant. He was chosen by the Faculty Development Committee after an external review process.

Wooldridge will use the money to develop a solo recital program entitled "Sacred Percussion Music: Expressions of the Inexpressible." "The recital will use music and visuals to present perspectives on the Christian faith that transcend what words are able to express," says Wooldridge.

The recital will consist of six new works commissioned

for this project. One will be composed by Wooldridge, and the other five will be developed by Frank Felice, Butler University; Mark Hijleh, Houghton College; Greg Sanders, Texas A&M Kingsville; Scott Robinson, Eastern University; and Ralph Kendrick, a resident of Cedar Rapids, Iowa.

The recital will be presented at a Northwestern conference entitled "Music in Community: A Festival of New Music," which will take place Sept. 30 through Oct. 2, 2006, and will bring together the membership of the Iowa Composers Forum and the Christian Fellowship of Art Music Composers. Wooldridge plans to present the recital later at additional sites across the country.

Season of Justice adopted as national program

International Justice Mission (IJM), a Christian human rights organization that rescues victims of violence, sexual exploitation and oppression, has adopted Northwestern's Season of Justice program as a national program to be used by other IJM chapters.

Cheryl Noble, who directs student ministries at IJM, says her organization was quite impressed with Northwestern's program, which was held last April. "We really liked the depth of the Season of Justice portfolio. It incorporates all the aspects of involvement that we ask our campus chapters to be a part of," she says.

"The most impressive part of the portfolio to me is the emphasis on prayer. IJM wouldn't be able to do the work we do without the support of the thousands we have praying for us every day. College students play a large role in that."

IJM was also very impressed by the drama piece written by Ryan Pendell, now a senior at NWC. "It created an emotional connection with the audience that led them to want to take action and seek justice for the oppressed," Noble says.

The core team of the Northwestern chapter of IJM, led by then-junior Jackie Carlson, organized the 10-day Season of Justice. Events included drama, a justice Bible study, a movie showing and discussion, prayer vigils, a prayer tent, a letter-writing campaign, and a praise and worship service. Dr. Appianda Arthur of IJM's Washington, D.C., office was the guest speaker for the celebration night.

Dave Nonnemacher, Northwestern's service learning coordinator and adviser for the IJM chapter, says the organization is based on the biblical mandate to help the oppressed and free them from bondage. He says Northwestern's chapter also aligns itself with the vision of IJM to encourage believers to participate in biblical justice.

IJM plans to keep the vast majority of the content of NWC's Season of Justice program, calling the national program "Justice Week" and making slight changes to ensure the language is consistent with IJM's message and branding, according to Noble. A number of campus chapters are already developing similar events, and International Justice Mission plans to offer Northwestern's as a model.

"We are hoping this will provide a great programmatic backbone for how they will impact their campus to learn more about God's heart for the oppressed and how their campus can be involved in the work of IJM," Noble says.



Dr. Ruth Daumer instructs nursing students Brittany Osborn and Becky Swart on the proper technique for examining eyes.

Nursing program accepting students

The program proposal for Northwestern's new Bachelor of Science in Nursing program (BSN) received approval from the faculty in late January and was granted approval by the Iowa Board of Nursing at its March meeting.

The first class of nurses has applied for acceptance into the program this semester. Dr. Ruth Daumer, nursing department chairperson, expects to accept 16 sophomores to begin taking nursing courses next fall.

In 2008–09, when the first students are seniors, the Commission on Collegiate Nursing Education (CCNE) will conduct an accreditation site visit. If the requirements of the CCNE are met, Northwestern's program will be fully accredited with the first graduating class, which is standard nursing program development procedure.

"I feel confident with Dr. Daumer leading the development of this new program that we will meet every requirement with excellence and have a full-fledged, accredited nursing program by 2009," says President Bruce Murphy. "Ruth brings a rare combination of commitment to the liberal arts, superior nursing skills and deep Christian faith to guide this important new program."

Northwestern's program will have a strong liberal arts emphasis. It will include a senior capstone seminar to help students reflect on their nursing education and formulate a thesis that describes how they will practice nursing in a Christ-like way that promotes health, wholeness and peace—both at the individual and community level.

Northwestern nursing students will have multiple service-learning opportunities each year and be required to take a study abroad, cross-cultural medical missions course.

For more information, visit www.nwciowa.edu/nursing.

Auction raises \$38,000

The 23rd annual Northwestern College Gala Auction in February raised around \$38,000, bringing the total raised through the auction to nearly \$550,000.

Proceeds will help fund \$1,000 Alumni Scholarships for 30 to 35 students next year, the \$1,500 Northwestern College Teaching Excellence Award, a fall workshop for faculty, and student life programs.

More than 600 people attended the nautical-themed event. Bids were submitted on nearly 500 items.

Online bidding was up dramatically in the 2006 auction. "Our number of Internet bids was up from 88 last year to over 800 this year," says Karen Woudstra, director of alumni and parent relations.

"The spirit the night of the auction was wonderful too," Woudstra adds. "A lot of new people came this year and told me, 'This is a lot of fun.'"

Woudstra praised the generosity of Northwestern's supporters. "Our auction succeeds because of the giving nature of our alumni, friends and area businesses."



Alumni Scholarship recipient Keith Sietstra displays a helmet at the Gala Auction.

Theatre students excel at regional competition

Three NWC students, one alumnus and a theatre faculty member received recognition for outstanding theatre work at the regional Kennedy Center/American College Theatre Festival (KCACTF) in January in Fargo, N.D.

Junior Vaughn Donahue, Monmouth, Maine, took first place in publicity design for materials he designed to promote the musical *James Joyce's The Dead*.

Lois Estell, a senior from Taiwan, was runner-up in the sound design competition for her work on *David and Goliath*.

Junior Mark Larson, Sioux Center, was given a special commendation award

for achievement in lighting design for *Copenhagen*.

Solomon Davis '05, Omaha, also received a commendation award for achievement in directing. Davis directed classmate Megan Hodgin's play *Master's Degree*.

Theatre professor John Paul's scenic design for *Galileo* received a commendation award as well.

Northwestern participates in Region Five of the KCACTF, which includes undergraduate and graduate theatre programs at small colleges and universities in Colorado, Iowa, Kansas, Minnesota, Missouri, Nebraska, and North and South Dakota.

Students to study abroad this summer

Four groups of students will spend part of their summer studying in Ecuador, France, Great Britain and India.

In July, students will travel to Quito, Ecuador, where they will live with host families and study at the Andean Studies Center. The focus will be on developing the students' speaking and listening skills within the Ecuadorian culture. The itinerary includes a service learning project in the Amazon jungle and trips to a variety of cities, under the leadership of Spanish professor Rick Clark.

London will be home to a group of students in May and June. Directed by theatre professors Dr. Bob Hubbard and John Paul, the program includes a focus on theatres and museums. The students will live with British families and also have the opportunity to experience life in communities outside of London. They will visit the birthplace of Shakespeare, Stratford-Upon-Avon.

In July and August, students will learn about the culture and diversity of India—and the role that technology plays in Indian culture today—under the leadership of Mark Vellinga, computer science professor. Based in the cities of Vellore and Chennai, students will live with host families and visit museums, temples and medical agencies.

Biology professor Dr. Laurie Furlong will lead a June and July study in France of how the environment influences culture and how human culture impacts the environment. Students will be based in La Rochelle, with short stays in Amboise and Paris.

Summer Study Abroad Coordinator Jill Fischer says the program has made a great impact on past participants. "Many students come back with a very different perspective with regard to their individual place, the role of the U.S. in the world, and the presence of God in other cultures," she says.

Visual identity system earns district award

Northwestern's new visual identity system—the logo and wordmark that represent the college—has been recognized in the 2006 Council for the Advancement and Support of Education (CASE) District Six awards competition. The project received a Gold Award, the highest possible, in the institutional identity design category.

Three other colleges were honored in the institutional identity competition. North Dakota State University won a Silver Award. Bronze Awards were given to Iowa State University and the University of Missouri-Kansas City.

John Vander Stelt '83 of Maurice designed the new visual identity system. A key component is the wordmark, which features Northwestern's name in a stylized typographic design. The wordmark includes a cross that extends into the word 'college,' illustrating how the Christian perspective permeates all aspects of the NWC experience. The cross, reminiscent of a star to subtly illustrate the college's historic motto of "God is light," joins an "N" and a "W" in the logo.

Northwestern's Visual Identity Committee worked with Vander Stelt in the development of the designs. Members included Duane Beeson, director of public relations; Barry Brandt, director of athletics; Anita Cirulis, associate director of public relations; Ron De Jong, associate vice president for development; Glenda De Vries, bookstore manager; Dr. Mitch

Kinsinger, assistant professor of religion/Christian education; Dan Robinson, web development manager; Rein Vanderhill, professor of art; Dr. Carl Vandermeulen, professor of English and communication studies; Jay Wielenga, director of development; and alumni Jean Vogel '75 and Tim Zeutenhorst '82 of Orange City and Erin Piehl '04 of Hutchinson, Minn.



District Six includes colleges, universities and independent schools in Colorado, Iowa, Kansas, Missouri, Nebraska, North Dakota, South Dakota and Wyoming.

This is the third consecutive year Northwestern's public relations office has won an award in the district competition. Last year, a video developed for the admissions office received a Silver Award. In 2004, a group of recruiting publications received the Gold Award in the student recruitment series category.

Students' vocation exploration takes them off campus

In its third year, Vocare: Find Your Place—funded by a \$2 million grant from the Lilly Endowment in 2002—continues to encourage and enable members of the NWC community to envision and explore their calling. That search has taken students and faculty on information-gathering trips.

During the fall semester, music professor Tim McGarvey designed and coordinated a retreat for 54 music students and faculty that included attending a symphony performance and learning from a panel of

music alumni.

Six communications and theatre students traveled with professors Jamey Durham, communication studies, and Jeff Barker, theatre, to California for a national screenwriter's expo.

In addition, eight students interested in ministry learned more about discipling small groups at a conference hosted by Willow Creek Community Church in Illinois. They were accompanied by Barb Dewald, associate dean for spiritual formation.

In January, Dr. Heather

Josselyn-Cranson, assistant professor of music and director of music ministries, took six students interested in worship leadership to the Calvin [College] Symposium on Worship in Michigan.

Vocation exploration is taking place on campus too. Dr. Jennifer Feenstra, psychology, and four students presented the results of their research on students involved in Spring Service Projects. The team studied how involvement in service impacts students' sense of worth and calling.

The project has been a

catalyst for the senior thesis of psychology major Amy Vander Holt, Parkersburg, Iowa, who is conducting similar research on students who participate in Summer of Service.

In addition, five faculty members who had received summer fellowships to write papers exploring the role of vocation in their disciplines (chemistry, philosophy, psychology, religion and theatre) presented their research and conclusions at a campus-wide forum in February.

Faculty/staff news

Dr. Mike Avery, business, collaborated with students on two papers presented at the Midwest Business Administration Association conference in Chicago in March. He co-wrote "Fair Labor Standards Act 2004: Simple Formula for Big Changes," with Rachelle (Cook '06) Johnson and "The Role of Foreign Aid in Reducing Poverty" with Emily Hennager '06.

Dr. Laird Edman, psychology, wrote an article published in the online journal of the Society for the Teaching of Psychology, *E-xcellence in Teaching*, in January. His article, "Are They Ready Yet? Epistemological Development and Critical Thinking," covers developmental issues involved in teaching critical thinking to college students.

Dr. Sally Edman, counseling services, has been appointed to a three-year term on the Continuing Education in Psychology Committee of the American Psychological Association (APA). She and fellow committee members will oversee the development, implementation and evaluation of continuing education programs and products offered by the APA to licensed psychologists. The committee also reviews and approves applications from organizations seeking to provide continuing education and monitors such programs.

John Kaericher, professor emeritus of art, had a retrospective of his 42 years as an NWC art professor exhibited at Dordt College in January and February.

Dr. Juyeon Kang, music, was featured on a Grieg piano concerto at a South Dakota Symphony Orchestra benefit concert for the American Cancer Society in Sioux Falls in January. She also performed violin-piano duo recitals with Arturo Delmoni, professor at New York University, at NWC and the University of South Dakota in October.

Mitch Kinsinger, religion, was awarded a Ph.D. in religious studies from the University of Iowa in December. His dissertation is entitled "Zealous for Public Liberty and the Wellfare of Their Country: Rationalist Presbyterians and the Struggle for Freedom of Religion in America, 1694-1769."

Dr. Jasper Lesage, academic affairs, was among a seven-member delegation representing the Reformed Church in America (RCA) and its institutions on an official visit to Oman in January. The visit included a two-hour meeting with His Majesty Sultan Qaboos bin Said. The delegation was invited to

Oman by the nation's minister of religious affairs after he visited the RCA's General Synod in Schenectady, N.Y., last June. As part of the Oman trip, Lesage continued talks with the Rev. Michael Bos, an RCA missionary, about the possibility of establishing a study abroad program there.

Emily Lodine, music, presented a recital with the Brookings (S.D.) Chamber Music Society in January.

Dr. Joonna Trapp, English, is among a group of Christian scholars in rhetoric who have been working to develop an annotated bibliography for Web publication on various areas within the fields of rhetoric and Christian tradition. She has chaired the section working on "Rhetorical Practice and Christian Tradition" and has contributed a section on the rhetoric of conversion narratives. The new bibliography was unveiled at the Conference on College Composition and Communication in Chicago in March.

Anna Vorhes, music, presented a harp recital, "Memories of the World Harp Congress," at NWC in February.

Cornie Wassink, development, has completed his term as state board president for LEAVE A LEGACY Iowa. He continues as a board member.

Dr. Marc Wooldridge, music, presented a paper on "Rhythmic Implication of Recent Diatonic Theory" and performed a new work, "Absurdist Blues," at the Iowa Composers Forum Festival in Indianola in October. He also recently gave performances at Truman State University in Missouri; Spalding Catholic High School in Granville, Iowa; NWC; MOC-Floyd Valley High School in Orange City; and the University of South Dakota. A new composition by Wooldridge, "Diamond Hill," was published in February by Honey Rock Publishing.

The Northwestern College Board of Trustees has announced the awarding of tenure and promotions to several faculty: Tenure was awarded to **Dr. Laird Edman**, psychology; **Dr. Bob Hubbard**, theatre; **Dr. Mitch Kinsinger**, religion; and **Dr. Jim Mead**, religion. Mead was promoted to the associate professor rank. **Dr. Mike Kugler**, history, and **Dr. Earl Woudstra**, kinesiology, were promoted to the professor rank.

Students serve over spring break

Hurricane relief at three sites in New Orleans was among the projects undertaken by 200 NWC students, faculty and staff on Spring Service Projects (SSP) March 4 through 13. The missions teams traveled to four international sites this year: Amsterdam, the Netherlands; Belfast, Northern Ireland; Bluefields,

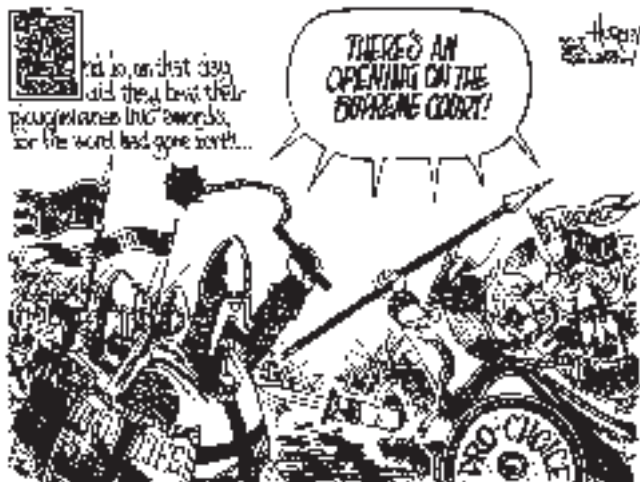
Nicaragua; and Campoo, Trinidad. In the U.S., sites included Annville, Ky.; Apache, Okla.; Jackson, Miss.; Jonesboro, Ark.; Lindale, Texas; Richardson, Texas; and Spartanburg, S.C.

The students' service

included ministry to youth and senior citizens, home repair and construction, prison ministry, racial reconciliation, relational evangelism, community development, and hunger and homeless ministry.

Of course

Believing in the Supreme Court?



Cartoon by David Horsey, originally published in the July 3, 2005, Seattle Post-Intelligencer, is used with permission.

Class:

PSC 350: That Godless Court?

Instructor:

Dr. Jeff VanDerWerff, associate professor of political science

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof ..."

The first 16 words of the First Amendment of the Constitution have been used to halt prayer at public school graduations—but allow it at the start of legislative sessions. They have prohibited the display of the Ten Commandments in courtrooms—but endorsed a nativity scene as part of a city square holiday display. They have forbidden religious educators from taking their teaching into schools—but allowed students to form religious co-curricular clubs.

They've sparked lawsuits that have been appealed all

the way to the Supreme Court.

"So much of law is interpretation," says Dr. Jeff VanDerWerff, instructor of That Godless Court?, a special topics political science course this semester. The 10 students (three Democrats, five Republicans, one anarchist and one who claims nonpartisan politics) are trying to decide where they stand on the separation of church and state—or, faith and politics.

"Is that even the same thing?" VanDerWerff asks.

As students weigh the evidence, they'll read 25 Supreme Court cases ranging from the 1940s to the '90s. Between classes, they are required to blog, which is like journaling, only online and public—at least among classmates. VanDerWerff says he has used reading reflections as a teaching tool in the past, but now he prefers class weblogs because they push students to write more

thoughtfully—and with more accountability—for an audience bigger than just their professor.

"I like the blogging," says freshman Julie Johnson. "It opens up discussions that would probably never get brought up in class."

So, should there be strict separation—currently the dominant view in society—or should government be accommodating, or at least nonpreferential, to all religions? And what role does

faith play in the public square?

"Do you lead with the Bible, or is there another way that might be more beneficial to the kingdom?" VanDerWerff asks students.

"I have my own position," he adds, "but I don't care if students end up in a completely different place. The thing I'm most interested in is that they start to form and claim what they believe as their own."

Popular vote

In response to a question posed by VanDerWerff, students blogged about their favorite Supreme Court justice:

Stephen Breyer (1 vote)

"Stephen Breyer might be my favorite Supreme Court judge because of his opinions on women's rights and democratic intentions—and he was appointed by Clinton."

Ruth Bader Ginsburg (1 vote)

"I'll say Ginsburg for her moderation, interpretation and application of the Constitution. And she's a woman who made it to the highest court in the land—she must be doing something well."

Sandra Day O'Connor (3 votes)

"I'd have to go with O'Connor. I believe, as she does, that each case should be approached differently. A strict constitutionalist actually cancels the Constitution's strongest quality—its flexibility."

Antonin Scalia (2 votes)

"If I was playing Fantasy Supreme Justices, I would probably pick Scalia in the first round, since he strictly interprets the Constitution ... My rookie of the year is Sam Alito."

To read more of the students' blogging about the Supreme Court, visit that-godless-court.blogspot.com.

Hooked on Religion

by Amy Scheer

Dr. Mitch Kinsinger, assistant professor of religion, admits he took his first undergraduate Christian education course because of a girl.

That course led to a Christian education major at Wheaton College, which led to a Master of Divinity degree from Western Theological Seminary, which led to a doctorate from the University of Iowa on the colonial Presbyterian struggle for freedom of religion in America.

"The Lord leads in mysterious ways," says Kinsinger with a grin.

Kinsinger grew up in Parnell, Iowa, on his family's farm. While at Wheaton, he wavered between a major in veterinary medicine or youth ministry. "You'd be working with animals either way," a

professor quipped.

He stayed on track with Christian education, as his passion had moved from the girl to the subject, and the professor had become an important mentor to him.

Following graduation, he spent five years with Young Life in suburban Chicago, working as area director of its adolescent outreach ministry. "During that time, I realized what I liked most was teaching: equipping and training the young adults with whom we worked," he says.

This tug toward academia sent Kinsinger on the seminary route, where he further explored his call to ministry and his fundamental "curiosity about the various faith traditions and how they were related"—the latter of which had come about when his Mennonite roots put him

in the minority at Wheaton.

Today, his Religion in America course attracts similar types of Northwestern students—those who are willing to think conceptually about their faith, Kinsinger says. "We try to step out of our own Christian tradition and use the tools of religious studies to understand all we can about the phenomenon of religion. Once we do that, it allows the students to step back into their traditions with a deeper understanding and appreciation of the faith."

When Kinsinger was hired by Northwestern in 2000, he was asked to create a program in youth ministries. There are now 60 students involved, and they gain field experiences in area churches throughout the school year. Some participate in summer-long internships

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"We try to step out of our own Christian tradition and use the tools of religious studies to understand all we can about the phenomenon of religion. Once we do that, it allows the students to step back into their traditions with a deeper understanding and appreciation of the faith."
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in churches nationally as part of the Vocare Internship Program, funded by the college's Lilly Grant.

Kinsinger finds that the mix of theology, history, Bible and ministry in his teaching load complement each other and help strengthen his teaching style. "That intersection has been a rich one for me to explore," he says.

Films like *About a Boy*, based on Nick Hornby's novel, get played in Kinsinger's Introduction to Christian Theology class, illustrating themes of sin,



Dr. Mitch Kinsinger talks with tutors for his Introduction to Christian Theology course (left to right): Katrina Kramer, Ben Pitzen and Julia Meyer.

grace and community, and contextualizing the gospel for students of a media-steeped generation.

(When meeting Hornby at a book-signing this summer, Kinsinger confessed his theological interests to the London author. He'd like to someday explore the Christian themes woven throughout Hornby's writings, he told the author, who seemed intrigued with the idea.)

Always on the lookout for means to reach his students, Kinsinger says, "I'm willing to try almost anything to get students to think; but

in the end, I just try to be authentic and care about students. This generation doesn't like gimmicks."

This past spring break, Kinsinger arranged for students to experience an

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"It was pure joy to be able to go on those trips with the students. To see them mature and grow and change—and to think I had a part in that—that's the greatest reward."
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authentic, cross-cultural urban ministry experience at the East Belfast Mission in Northern Ireland. They helped with the mission's youth work primarily, and with ministries to the homeless and underprivileged in the community. (NWC alum Beth Harding is currently working at the mission full time; see page 34.)

Having also spent last year's Spring Service Project in Belfast, Kinsinger loves watching students who have never left rural, Midwestern America become passionate about urban ministry overseas.

"It was pure joy to be able to go on those trips with them," he says. "To see them mature and grow and change—and to think I had a part in that—that's the greatest reward."

Kinsinger is currently pursuing ordination in the Reformed Church in America, an act of solidarity with the church as he helps develop its next generation of leaders.

Despite the serendipitous start in ministry, he's hooked. No gimmicks needed.

JUMP!

by Carrie (Odell '01) Anderson

When classmates at Northwestern discover that Kristin Heumann is a competitive jump roper, they're often skeptical. "They want to know if we sing while we're jumping. I don't have enough breath for that," she says with a laugh.

Heumann, a senior physical education major from Chandler, Ariz., started jump roping in kindergarten when a friend joined a local after-school program. "It's something I chose to do," she says. "My parents didn't know much about it at first."

Since then it's become a family affair, as both of her parents are judges at jump roping competitions. Heumann's dad, Rick, serves as the commissioner for jump rope events at the annual Grand Canyon State Games, a multi-sport Olympic festival for Arizona amateur athletes in which Heumann has competed.

When Heumann was 17, she and her teammates trained for the 2002 world championships in Belgium. This meant practicing twice a day up to six days a week, for a couple of hours at a time. Heumann's team placed fifth in the all-around, coming just a few tenths of a point behind the top three teams that continued to the international competition.

In 2001 and 2002, Heumann's team, the Star Skippers, won the gold medal in Double Dutch at the AAU (Amateur Athletic Union) Junior

Olympics. She and her partner also placed third in the pairs events in 2002.

Heumann's most recent competition was the 2004 Junior Olympics in Des Moines. She placed second or third in all seven events, earning the bronze medal in the female individual all-around.

Like other sports, jump rope requires consistent training, and repetition is key. "We usually practice in front of mirrors," Heumann says, "because even slight changes can affect speed."

Also essential is the right pair of shoes. Heumann found a particular cross-training shoe she liked so much that she bought five pairs.

Heumann thinks her best strength as a jumper is her heart. "I'm really good at speed, and I have a knack for choreographing routines," she says.

Despite the lack of familiarity her Iowa friends show for the sport of jump rope, Heumann loves it. "It's something different, and there are always new things to learn," she says.

The sport of jump rope has grown tremendously in the last 10 years, with official USA Jump Rope clubs in at least 30 states.

Without a club or teammates nearby, though, it's been difficult for Heumann to keep training. Nevertheless, she has plenty of jump ropes in her campus apart-





ment, including a beaded rope for strengthening and various wire and plastic ropes.

Heumann, who is also earning a career concentration in fitness management, has been an instructor for

on-campus aerobics classes and is currently serving as president of Northwestern's Kinesiology Klub.

Last summer she was an intern for the Grand Canyon State Games. Her responsibilities included han-

dling event registration, answering nutrition and fitness questions, and helping publish a weekly newsletter. She says her favorite part was seeing the smiles on the faces of the athletes after they competed. "I loved seeing all our hard work fall into place."

Heumann will graduate in May after just three years of college. She hopes to go to graduate school next fall at Boise State, which has the best local jump rope team in the country. Her dream is to open her own competitive jump rope gym where other athletes can train. With a master's degree in sports psychology and motor learning, she'd also like to be a college professor one day.

And if the Olympic Games ever declare jump rope as an official sport? "I'd definitely be motivated to train then," Heumann says.

A closer look

Jumping rope has come a long way since we sang "Cinderella, dressed in yella'..." on the school playground.

Competitive jumpers are judged on both speed and power. During the speed events, athletes must complete as many successful jumps as possible in a particular amount of time. The USA Jump Rope record for one-minute speed is 352; Kristin's record is 312.

In the power events, jumpers must complete as many triple unders (in which the rope passes under the athlete's feet three times in one jump) in a row as they can.

One of Kristin's routine tricks is called a frog, in which she does a handstand and pulls the rope under her feet before landing.

Other competitive jump rope terms:

Double Dutch: One athlete jumps two ropes twirled by two people at the same time, trying to record as many jumps as possible within one minute.

Freestyle: In freestyle routines, the jumpers have a set time limit to demonstrate a combination of skills and tricks choreographed to music, similar to gymnastics.

In the Depths



Senior Kari Broadway's journey with severe depression and borderline personality disorder—and her recovery—were featured in a documentary that aired nationwide, "Shadow Voices: Finding Hope in Mental Illness."

by Duane Beeson

When Kari Broadway talks to youth groups or college classes about mental illness, she does so as more than a college student who hopes to become a psychiatrist.

She speaks from personal experience.

Growing up in New Sharon, Iowa, Broadway tried to suffocate herself under pillows, hoping someone would notice something was wrong. In high school, she struggled with anorexia and attempted suicide by overdosing on medication.

Enrolling at Northwestern as an honor student in 1996, she had her life well planned out. She would major in music and minor in psychology. Graduate school in music therapy would follow.

Road to despair

In October of her freshman year, Broadway started having problems focusing on her studies. She had no appetite; her greatest desire was to sleep.

She saw a counselor and went back on the antidepressant she had taken for a while in high school. By February, though, Broadway

had dropped out of activities—and studies. She was hospitalized for 10 days in March and received new medications.

Broadway spiraled downhill as her college career continued. Outwardly, she was successful—active in Praise and Worship, the A cappella Choir and student government. Inside, she was constantly fighting negative messages. She struggled with bulimia and self-mutilation, cutting and burning herself to validate the pain.

"Imagine 10 people telling you you're worthless," she says. That's what Broadway's brain told her, endlessly.

Following a second suicide attempt, she began electroconvulsive therapy. Finally, when she was a senior in the fall of 1999, the student development staff encouraged her to leave school. Her mental health insurance was depleted, so her only option was to go to the state mental institution in Cherokee.

Diagnosed with major depression and borderline personality disorder, Broadway later spent a number of years in the Intensive Psychiatric Rehabilitation program at Hope Haven in Rock

Valley, Iowa. She made incremental progress, thanks to therapy, medication, electroconvulsive therapy and a strong support team.

Milestones along the way included moving into her own apartment, obtaining an office job, and then working at a home for individuals with severe mental retardation.



"My prayer is that people will be touched, and then be better equipped to deal with friends, family and others with mental illness."



A new goal

Today Broadway is back on campus full time. She has a new goal—to go to medical school and then into psychiatry. It means she has at least two more years at Northwestern before continuing her education, but, she says, "I feel this is what God wants me to do.

"I would like to research the effects of music, especially on autism," Broadway explains. "I'm interested in how we can use music along with medication and other treatments to help people."

Broadway knows firsthand the struggle to find the right treatment for mental illness—and the benefits that come when that happens. It took doctors eight years before they found the right medications for her. With that and electroconvulsive therapy once a month, she

says she is doing well.

"My brain feels like it can focus and get things done. I have an energy to learn that wasn't there before," she says.

Broadway's semester GPA last fall was her best ever; she came close to making the Dean's List. "My classes are starting to connect to each other. That's the reason I chose to go to a liberal arts college: to be able to make sense of the different parts of the world."

Able to talk about it

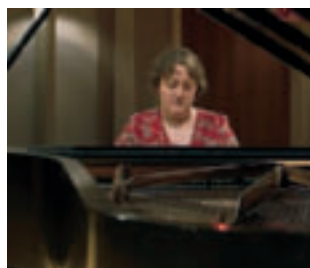
Once embarrassed to seek treatment, Broadway is now eager to tell her story. She wants people to understand mental illness—and the hope of recovery.

Last May, an article she wrote about her personal struggle was published in *The Church Herald*. Recently, Broadway was featured in a television documentary on mental illness that aired nationwide. (See www.shadowvoices.com.)

"It's an opportunity for a devastating time in my life to be a sharing, encouraging and learning experience for others," says Broadway. "My prayer is that people will be touched, and then be better equipped to deal with friends, family and others with mental illness.

"I hope it allows people to see the reality of mental illness as an illness," she continues. "We deal with people who have diabetes and cancer every day, but we don't deal with people with mental illness in as positive a light."

Broadway says she has



A music major, Broadway uses her talents as a pianist at her church and as a member of the A cappella Choir.

learned a lot from her experience.

"The big thing is there's a personal responsibility to it like any other illness. You have to take your meds, treatments and follow through on what people are asking you to do to get better. You need to accept mental illness as part of who you are.

"I want people to know mental illness is not the end of the road. It may be a curve in the road, but it's not the end."

Thankful

It's been a difficult journey for Broadway—one she knows she'll always be on—but a journey she's thankful for, nonetheless.

"In the beginning, I felt God was abandoning me," she says. "I had to come to the realization that God wouldn't allow it if I couldn't handle it. And I had to move forward.

"I am grateful for the places God has taken me. My prayer life has been strengthened; I grasp any opportunity to pray for someone. Above all, I have an increased faith that God is in control, no matter what."

Broadway says the opportunities she has had to educate people about mental

How to help

What can you do to help someone with a mental illness? Kari Broadway offers these tips:

Listen. "Acknowledge their feelings and thoughts. You don't have to agree with them that life's terrible, but support them."

Avoid offering advice. "People have said, 'Just read this book or just pray more.' You can be a support without saying, 'Do this, this and this.'"

Take action. "Volunteer to go with them to get professional help." Broadway says she greatly appreciates the people who are available to listen to her and drive her to Sioux Falls for monthly electroconvulsive therapy.

Pray for those who can't pray for themselves. "Unless you've really been in the depths where you can't get out, you don't know how hard it is to pray or focus on anything spiritual."

illness have been an answer to prayer. "I asked God to use what I'd gone through—and he has."

Some people have lost faith in God after battling with mental illness. For Broadway, the opposite has happened.

"Some might say, 'How could you worship a God who put you through this?' I look at it this way: A God who can bring me through this is definitely worth following."

Help for the Hurting

Counseling center provides professional care for struggling students

by Anita Cirulis

"It seems like every freshman class brings in more students who are dealing with some pretty deep issues," says Eric Anderson, Northwestern's associate dean of residence life.

Anderson has the perspective to know. He spent five years as a resident director at NWC before moving into his current position in 2001. What's true at Northwestern, however, is true across the country.

"It's a national trend, from all the [student development] conferences we're going to," Anderson says. "Everybody's talking about how to deal with it. I don't remember having conference topics about mental health 10 years ago; now it's a fixture."

Until recently, Northwestern had limited resources to help students with mental, emotional or social problems. Resident directors (RDs) and faculty shouldered much of the load for their care; counseling was available only through outside professionals.

That changed in 2000 when the college established its own counseling center with two part-time counselors. In 2003, Dr. Sally Oakes Edman, a psycholo-

gist, joined them as director of counseling services.

"I don't know how we used to survive without counselors," Anderson says. "Ours were booked up by October this year, with a waiting list for the rest of the semester."

Nine out of 10 students who use the center seek help

selors allow them to provide a full range of outpatient psychotherapy, the only exception being the ability to prescribe medication. When that is necessary, students are referred off campus.

But while the center has three counselors, all are part time. "We currently have 55 staff hours per week," Edman

to getting counseling than in years past.

But the reasons go deeper.

"College students across the nation are showing more psychological distress than they did a generation ago," Edman says. Part of that, Anderson believes, can be attributed to a greater number of students who have been abused or who come from broken families, contributing to "a deeper and greater pain that comes out during college years."

Edman also points to the role society plays. Eating disorders, for example, are on the rise as women in film, television and fashion magazines get smaller and smaller.

Whether a student's problem is transient or long-term in nature, the counselors' goal is the same. "We try to help students stay in school and be successful here whenever possible," Edman says.

Achieving that goal is often a group effort. Counseling services has a close working relationship with members of the residence life staff, who often serve as the first line of response for students in crisis.

Both the resident directors and their student resident assistants go through training prior to the start of the school year. Some ses-

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"College students across the nation are showing more psychological distress than they did a generation ago." Part of that, Anderson believes, can be attributed to a greater number of students who have been abused or who come from broken families, contributing to "a deeper and greater pain that comes out during college years."
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on their own—though sometimes at the encouragement of a roommate, friend, RD or professor. They come with a wide variety of issues. Some struggle with test anxiety, relationship issues or a family crisis. Others are plagued by depression, thoughts of suicide, an eating disorder or addiction. Still others are trying to heal from past verbal, physical or sexual abuse.

The training and education of Northwestern's coun-

says. "When the center started, it had 40 hours of staff time and served about one-fourth of the students we see now."

There are a variety of reasons for such a marked increase in demand. One factor is the center's efforts to raise awareness about conditions like depression and eating disorders and to encourage students to seek help.

Another factor is that today there is less stigma attached

sions, led by the college's counselors, teach them what symptoms to look for; others, how to intervene.

Throughout the school year, the counselors are available for consultations, during which they can provide residence life staff with advice about how to handle cases. Edman also meets monthly with the RDs to discuss issues and make presentations.

Balancing the needs of the individual student with the needs of the college community is a constant challenge. Most students the counseling center sees, while struggling, are still able to continue their studies. In fact, the college's acknowledgement that anyone, including Christians, can experience depression and mental illness is one of the things Edman appreciates about NWC.

"At Northwestern, we understand students come to us with all kinds of complexities in their life stories," she says. "Some Christian colleges tend to not want to have any problems, but I don't get that sense here."

Despite the best efforts of all involved, however, not every student is able to stay at Northwestern. There are some whose illness produces behavior that has such a negative impact on the community they must be asked to leave. Others require a more therapeutic environment for their own well-being.

"It's an ongoing battle for us to figure out how best



As director of Northwestern's counseling center, Dr. Sally Oakes Edman leads a staff whose services are increasingly in demand—a phenomena being experienced by colleges nationwide.

to serve them, but yet give to those who are emotionally healthy what we'd like to give them as well," Anderson says. "What is our role as a mental health provider of

some sorts when we're not a mental health facility? We want to welcome students with challenges, but we also want to be able to handle them without creating chaos

in our community."

It's a dilemma more and more colleges are finding themselves faced with these days—and a question with no easy answer.

From A to Z ... and Beyond



A Vietnam vet who was illiterate when he enrolled at Northwestern in 1973, Bob Scholten is now a pastor and author of a book about the Vietnam War.

by Amy Scheer

In the fall of 1973, Bob Scholten was a Vietnam veteran living on what he calls the jock floor of Colenbrander Hall. He was 23, it was mid-afternoon, and he was asking God to teach him the alphabet.

He looked in the dictionary to find the correct order of letters, and slowly, the alphabet tune came to him too. Having been accepted into Northwestern under “special student” status, Scholten ’76 was functionally illiterate and could barely spell “George,” his middle name.

He made it from A to Z. For the first time. He was so happy he ran out into the halls.

“At that time, vets were going off the deep end, and people gave them wide berth,” Scholten says. “I was 23 years old, a Vietnam vet, and I was dancing through the halls singing the alphabet.”

When Pastor Bob Scholten tells his life story, it’s hard not to picture him signing away the film rights. It’s a story with humor, pathos and war. It’s full of zingers like, “I should’ve been in prison, if it weren’t for two things: God’s grace and

fast feet.”

Scholten was born on Chicago's South Side. When he was a few months old, his family was in a boating accident, and Scholten fell into the water. “Dad had me in the palm of his hand,” he says, and that hand barely reached above the water's surface. On the third bob up, an uncle grabbed the baby, and the father sunk down,



“I was 23 years old, a Vietnam vet, and I was dancing through the halls singing the alphabet.”



drowning. An intoxicated man watching from the shore saved Scholten's dad and resuscitated him.

After this dramatic start, Scholten, who had learning disabilities and speech impediments, looked for trouble on the streets of Chicago rather than fight his way through schoolbooks. His grandmother, whose bedroom was near the front door, would call out, “Bobby, remember I'm praying for you.”

Just out of eighth grade at age 16, Scholten experienced a radical conversion of his pew-sitter faith. He squeaked through high school. He then joined the Army, because it wasn't the Navy (“I have a healthy fear of sharks”), the Air Force (“That was out” [because of his disabilities]), or the

Marines (“They'd kill me”).

He told people he entered the military to be a witness for the Lord, which was true, but mostly he was afraid to stay a civilian. He couldn't read forms, signs or directions. Of course, there were forms and signs in the Army too, but his buddies there helped him. They shifted the gears of his truck and covered for him. They called him “Preacher.”

Scholten spent 10 months in Vietnam working as a gunner in the open turret of a duster. After his service in the war—and while afflicted with survivor's guilt and what is now called post-traumatic stress disorder—Scholten did ministry with youth.

He then applied to Northwestern, though the prospect of being with groups of people frightened him: “Tap me on the shoulder, I might punch you,” he says. Loud noises, and he'd be on the ground.

He and 10 other guys, many of whom were also veterans, were placed in an overflow wing of their own, and the small group size calmed Scholten. His roommate was a great role model. (“The guy breathed A's. I didn't even know the alphabet yet.”)

Dr. Grady Holland arranged for Scholten to be tested through special education services. “God, please don't let me have a fifth-grade education,” Scholten prayed. “He answered my prayer: I had a lower one.”

Dr. Syl Scorza (“God

bless him, he was a patient man”) worked with Scholten on learning both English and Greek grammar. Slowly, Scholten's reading skills developed.

He made it through, and from Northwestern he attended New Brunswick Theological Seminary in New Jersey. There, a tutor helped him learn to write. He went on to pastor churches in New York, South Dakota, Washington and Iowa.

This February, Scholten and his wife, Cheryl (Hietbrink '75), moved to Annville, Ky., to work with Jackson County Ministries and to pastor the Annville Community Reformed Church. They and a Vietnam veteran in the congregation will create the first ministry to veterans in the area.

It troubles Scholten that churches have not actively reached out to help veterans, to draw out their stories. Even the chatty pastor pauses when he speaks of Vietnam. To that end, he's written a book, *Reflections on a Journey to War* (www.vietnamwar-reflections.com), a devotional to help veterans think through their feelings and to help civilians understand a veteran's struggles.

An illiterate turned author. A street kid turned pastor. A nearly drowned baby who grew up to save others from the sea of their troubled emotions.

“Bored and Christian don't go together,” says Scholten, who can't imagine what might come next.



Searches are open for the following faculty positions:

Clinical psychology (tenure track)
Developmental psychology (one-year leave replacement)
Psychology (tenure track)

All positions begin in August 2006. Job descriptions and application details are available at www.nwciowa.edu/employment. Northwestern seeks individuals who are Reformed and evangelical in theology and committed to the distinctives of a Christian liberal arts education.

Northwestern College complies with federal and state regulations concerning nondiscrimination in employment. Women and minorities are encouraged to apply.

Parenting at 'heart

For kids with nowhere else to turn, Dittmans are family



Ryan and Mikyla Dittman (center), with a coworker and eight of their 10 kids, say theirs is a lot like any other family. This summer, they plan to take their boys on a trip to Jamaica to volunteer at the Robin's Nest, an orphanage the Dittmans had visited on their honeymoon.

by Tamara Fynaardt

They sound a lot like any other parents. When they start talking about their kids, her voice gets more animated; his has a note of pride. "Stephen is our oldest. He does really well in school and is very athletic—a model student."

Jacob has a lot of personality. Anton is into pop music and cool clothes. Reid is so polite. They go on down the list until, "They're just so great!" she gushes and then realizes they've both been bragging about their kids for several minutes. Any parent understands.

But these aren't just any parents. He's 24, she's 23, and they have 10 kids, all boys, ranging in age from 13 to 17.

Ryan '04 and Mikyla (Hardersen '05) Dittman are family teachers—parents essentially—at Mooseheart Child City and School, about 40 miles west of Chicago.

Established by the Moose fraternity in 1913, Mooseheart is a home for infants, kids and teenagers whose families are unavailable or unable, for a variety of reasons, to care for them. About 10 percent are orphans, with no parents or guardians. Others come to Mooseheart because they need a refuge from environments that are unhealthy.

The 250 kids at Mooseheart live in one of 30 residences, each of which is designed like a single-family home—albeit a big one. The Mooseheart campus also includes a school, medical clinic and church.

The Dittmans were hired by Mooseheart last July. Ryan, a sociology major, had spent summers working at Boys Town in Omaha, which is similar to Mooseheart, and Mikyla, an education major, joined him after they married as undergraduates.

Three months into their 24/7 job, they nearly broke their

promise to themselves that they would stick it out a year.

When they first arrived, their family included members who were stealing, sneaking out at night, and verbally abusing one another.

Some of their kids have left in recent months, and new brothers have moved into the Dittmans' home and hearts. The kids in their family now have what Ryan and Mikyla consider "regular kid problems."

They act up at school to get attention. They talk back. "All kids have discipline issues, and we have 10 of them," says Mikyla, adding it's nothing they can't handle as a family.

The reasons their boys are at Mooseheart vary. One

home. One boy was sent to Mooseheart by his mom after shootings at his inner-city school, and another came to escape a neighborhood with heavy drug trafficking.

"Every kid would rather live at home with his or her family," says Mikyla, "so they get down sometimes. But these kids realize their parents or guardians can't take care of them, and this is a place where they're going to

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"This is a place where they're going to be safe and get food and an education and be around people who care about them."
▲



Mikyla's education major—and sense of humor—come in handy while she supervises after-school homework around the dining room table.

of their teenagers was living with his grandparents when their health declined. The parents of two others simply cannot afford to raise them at

be safe and get food and an education and be around people who care about them."

The Dittmans' days start

around 7 a.m. when they get the boys up and assign morning chores. By 8 the kids are off to school, and Ryan and Mikyla spend several hours managing household tasks, creating new chores lists, meeting teachers, or taking the boys to the doctor or orthodontist.

At 3:30 the boys arrive home, hungry and complaining about homework. They sit around the large dining room table, snacking and completing assignments. When they're finished, they play basketball, watch TV or hang out.

Sometimes Ryan and Mikyla cook dinner, but most often the meal for 12 is catered in by the campus' central kitchen. After dinner there's a family meeting, then more chores and homework before bedtime at 10.

"Mostly, we're just like a regular family," says Mikyla, who came from a family of nine. She talks excitedly about making her mom's traditional Christmas eggnog for her boys and starting new traditions like pancakes every Saturday morning.

Of course, there are differences. "We can't hug our kids or really even touch them," Mikyla says. "Some of them come from abusive situations," explains Ryan.

As a sociology major, Ryan says he learned a lot at Northwestern about respecting where people come from and taking the opportunity to learn from every new person and situation.

And, he realizes, he has a lot more to learn.



The boys enjoy playing basketball and talking sports with Ryan, a former football player at Northwestern.

"Suddenly we're responsible for 10 other people. And that's an education every day in things like how to deal with the kid who's not motivated or the kid who's having problems with a friend."

Ryan and Mikyla laugh when asked if this experience is preparing them to have children of their own.

"At first, I was way strict, and Ryan wasn't," says Mikyla. "I think we've gotten to be on the same page about that."

"We've realized we had different opinions about how kids should be raised," Ryan says, adding that they've had to step up their efforts at communicating and problem-solving as a couple since becoming family teachers at Mooseheart.

"I feel like I can answer most of their questions, but I wish I had more wisdom," says Mikyla.

Sounds like a parent.

Facevalue

Paul Beltman

*Self-described nerd, poet, perpetual student***How did you end up back at your alma mater?**

I spent six weeks in downtown Chicago in a cubicle doing programming. It drove me nuts. Here I'm a jack-of-all-trades, working with faculty and students and providing help on the academic side of computing services. I like the variety the job offers.

Describe yourself in three words.

Insatiably curious introvert. I've always been curious about nearly everything. That's one of the reasons I keep taking classes here at Northwestern.

You're working on a degree in religion. Why?

I thought it might be a nice opportunity to work out some metaphysical reflections I'd been mulling over. How should Christians approach ethical decisions? What does it mean to be a created being and to create?

What surprises people about you?

I have a pretty eclectic variety of interests. I've been working toward my teaching certification in tae kwon do, but then I also am a complete nerd. I built my own computer from scratch just by buying parts. I read everything I can get my hands on. And I don't own a TV.

Have you ever wanted to use martial arts on a computer?

Just about every day. Computers certainly produce their share of aggravation. Every one of us in computing services has longed to take a shotgun to the server at one point or another.

What are you an expert at?

I don't consider myself an expert in anything, really. I consider myself more as a lifelong student. I'm constantly trying to learn more.

What do you value?

Learning. Faith. The act of creation. I write poetry. I'm working out how we can be little creators on our own. It can be an expression of faith.

How do you explain your unusual combination of computer techie and creative writer?

Creativity can be expressed in so many different ways—because to come up with a solution to a computer problem is

also a creative exercise. I've always had that kind of dual nature. In high school I was tinkering on computers, but I was also writing poetry and stories.



A third-degree Black Belt, Paul Beltman '92 holds degrees in computer science and English—and soon will add another in religion. In addition to keeping professors online as Northwestern's academic computing manager, he treats the campus community to a Christmas poem every year.

BOUNCE ... BOUNCE ...

Swish

Deb Remmerde



"I think I do a decent job of blocking [pressure] out and just stepping up to the line and concentrating," Deb Remmerde said of her free-throw shooting ability on CBS' The Early Show.

by Duane Beeson

It was 4:15 a.m. on Feb. 13, and basketball star Deb Remmerde was walking into the Bultman Center to do some shooting.

Other than the hour, there wasn't anything that unusual about the situation. Remmerde has been known to shoot in the dark to improve her accuracy. Some summer days, she spends 12 hours shooting hoops.

From fourth grade until

seventh grade—when her dad built her a court in a machine shed on their Rock Valley, Iowa, farm—she shot outside every day. If there was snow, she'd shovel it—and wear gloves and boots. Ice? She'd get gravel from the driveway to improve her footing.

But this time, a camera crew from CBS' The Early Show was on hand to broadcast Remmerde's free-throw expertise. Harry Smith would

be asking her questions live from New York. And 600 Raider fans would be donned in red, cheering her on as she methodically hit foul shot after foul shot.

After her first basket, an uncharacteristic miss. Then she got on track.

A standing ovation when she hit her 100th consecutive shot lasted until that streak ended at 167.

Despite the pressure of shooting free throws nearly nonstop for almost two hours, the free throw phenom was on fire. Her next streak, which finished as the show was wrapping up, was 256 in a row.

Final tally: 588 free throws attempted, only six missed.

The television exposure—and stories that appeared in *USA Today*, the *Boston Herald* and beyond—resulted from Remmerde's free-throw shooting earlier this season. She made 133 charity tosses in a row, a record unmatched in the history of organized basketball.

Why is she so good?

"It all stems from God giving me the desire to be good at this game," Remmerde says, "and shooting a lot of shots."



The license plate on Remmerde's Chevrolet Equinox describes her free-throw shooting perfectly.

"The key is having the same routine every time," the self-described gym rat told the *Chicago Sun-Times*. "For me, it's step up, take two dribbles and shoot it. And just having the confidence that you will make the shot."

A Dean's List student whose lowest grade at NWC has been an A-, Remmerde is the epitome of focused. And that focus is enough to make opposing players and coaches want to call a time-out. They know the sophomore has her sights set on a goal better than 133 consecutive foul shots.

"I'd like to have my name on that list of national champions," says Remmerde, who led Northwestern to a Final Four finish this year and was named NAIA Div. II national player of the year.



See national media stories about Remmerde's streak at www.nwciowa.edu/remmerde



Wintersports

Women's basketball

- Advanced to the NAIA Div. II Final Four and finished with a 30-5 record.
- Tied for third in the Great Plains Athletic Conference (GPAC) with a 15-3 mark.
- Sophomore Deb Remmerde (Rock Valley, Iowa) was named the national player of the week on Feb. 15 after averaging more than 40 points in a three-game stretch. The guard, who earned GPAC player of the week honors three times, broke national tournament records for scoring (144 points in four games), three-pointers in a game (10) and three-pointers in the tournament (22).

Men's basketball

- Ended the year with a first-round loss at the national tournament, closing the season with a 23-8 record.
- Placed third in the conference with a 13-5 record.
- Sophomore Chad Schuiteman (Sioux Center, Iowa) was named GPAC player of the year and a first team All-American. He earned national and conference player of the week honors Jan. 11 after shooting 65 percent from the field and averaging 24 points and 13 rebounds. The forward, who contributed more than 22 points and 12 rebounds per game on the season, recorded 24 double-doubles.

Wrestling

- Five wrestlers competed in the national meet held in Sioux City March 3-4: sophomore Tom Bartello (Newton, Iowa); freshman Enock Francois (Lake Park, Fla.); junior Courtney Goodwin (West Palm Beach, Fla.); senior Chris Keating (Aztec, N.M.); and sophomore Andrew Lundgren (Orange City). The Raiders received the Team Sportsmanship Award.
- Placed fifth out of 15 teams (including eight that were nationally ranked) at the Red Raider Invitational.

Indoor track

- Junior Nick Fynaardt

(New Sharon, Iowa) earned All-American honors with a third-place finish in the shot put at the national meet March 9-11 in Johnson City, Tenn. He tossed it 53-10.50.

- Also competing at nationals were: junior Robbie Cundy (Madison, S.D.) in the 60-meter hurdles; senior Andrew Ortmeier (Osmond, Neb.) in the shot put and weight throw; and the women's 4x400 relay team of junior Megan Harding (Newcastle, Neb.), sophomore Jessica Regan (Council Bluffs, Iowa), sophomore Laura Jacobson (Galva, Iowa) and junior Kristen Maakestad (Osage, Iowa).

Jacobson and Maakestad also competed in the 600.

- Fynaardt broke the shot put record at the Dordt Invitational with his heave of 51-03.5. He was named the GPAC field athlete of the week on Feb. 13 after winning the Wayne State College meet.

Raiders receive national honors

Several fall sport athletes received national honors recently.

Junior Austin Janssen (Orange City), a linebacker, was named an honorable mention NAIA football All-American for the third time, while senior Travis Wallin (Paullina, Iowa), a defensive end, also received honorable mention. Sara Nessa (senior, Council Bluffs, Iowa) earned honorable mention distinction in soccer.

Named NAIA Scholar-Athletes in football were Justin Dowdy (senior, Carleton, Neb.); Kurt Van Kley (senior, Blue Earth, Minn.); Blake Reinke (junior, Hull, Iowa); and Keith Sietstra (junior, Boyden, Iowa). Soccer player Matt Van Heuvelen (junior, Urbandale, Iowa) earned Scholar-Athlete recognition as well.



Andrew Stimson was among three freshmen who saw considerable playing time for the nationally ranked Red Raiders this season.

NWC honors former athletes

Northwestern's Red Raider Club inducted two alumni into the Athletic Hall of Fame and recognized its 2005 Coaches of the Year and Barnabas Award recipient on Feb. 10.



Krista (Biermann)
Bundt

Hall of Famer **Krista (Biermann) '00**

Bundt ranks second in Northwestern's volleyball record books in kills per game during a career with a 4.37 average. She is third in solo blocks with 147. A second team All-American in 1999, Bundt earned honorable mention All-American honors during her junior and sophomore campaigns. She was a two-time NAIA Scholar-Athlete and was

named to the all-region and all-conference teams each of her four seasons.

Bundt is a social worker at ATLAS in Orange City and lives in Alton.



Bryant Engelman

Hall of Famer **Bryant Engelman '97** was a four-time All-American in track and field. He was a member of the 4x400-meter relay in '95 that finished sixth at the national outdoor meet. He finished fourth at nationals in the 600-meter run his sophomore year and third as a junior. In '97 Engelman placed fifth in the 800-meter run at outdoor

nationals. He holds Northwestern's record in that event with a time of 1:49.89.

Engelman farms near Storm Lake, Iowa.



Josh Bolluyt

Josh Bolluyt '99 was one of two 2005 Northwestern Coaches of the Year. He served as an assistant defensive coach for the Raider football team for four years before moving to the defensive coordinator position in 2001. Under his leadership, the 2004 NWC defense led the NAIA in five categories.

Bolluyt now works as an insurance agent in Spirit Lake, Iowa.



TJ Buchholz

TJ Buchholz '99 was also a 2005 Coach of the Year. The Red Raider head men's soccer coach since 2001, Buchholz led the 2004 team to a share of the regular-season GPAC championship and a berth in the regional tournament. The Raiders' final record was 16-5 overall, 9-2 in the league.

Buchholz, Northwestern's campus security director, lives in Alton.



Russ Herman

Russ Herman '95 received the Barnabas Award, which is bestowed upon former Raiders who encouraged others to strive for their best performance athletically, academically and personally, and who used their sport as a way to bring others to a knowledge of Jesus Christ. Herman was an NAIA All-American and Scholar-Athlete in track.

Herman teaches high school social studies at MOC-Floyd Valley High School in Orange City, where he serves as the head boys' track coach.

2006 Distinguished Alumni Awards

Sam Williams • Edna Schut • Don Nibbelink • Kella Klinker • Corwin Smith • Marge Beernink • Mert and Gert Kraai • Bernie Hietbrink • Marcine De Jong • Earl Klay • Bill Kalsbeek • De Van Engelenhoven • Herlan Schut • Peter Bartels • Ruth Foreman • Ralph Mouw • Don Zwiep • Ken Nichols • Dale Den Herder • Russ Vande Steeg • Christina McGrinson • Ruth Van Engen • Allan Schimmel • Gene England • Dan Te Grotenhuis • Bernard Brunting • Bernard Jackson • Clarence Burman • Wilmyrna Draayer • Gerald De Jong • Alfred Pennings • Arie Vander Sloep • Robert Mullenburg • Edna Langeveer • Ron Korver • Leo Landhuis • Harriet Heusinkveld •

**Nominate
Someone
Today!**

For nearly 30 years, distinguished alumni awards have honored individuals who have *magnified* Northwestern's reputation through their outstanding achievements. Please take some time to nominate candidates for the Distinguished Professional Achievement, Distinguished Service to Humankind, and Distinguished Service to Northwestern College awards.

Visit www.nwciowa.edu/alumniawards to suggest names of worthy nominees, or contact Karen Woudstra, 712-707-7127 or karenw@nwciowa.edu.

Alumni corner



Karen Woudstra '79
Director of Alumni
and Parent Relations

Ever feel like time gets away from you? This year I got behind on my Christmas cards, so I decided to send out New Year's cards. As I write this, it looks instead like they are going to be "Sending lots of love" Valentine's Day cards. And, I admit, by the time you read this I could be working on what has become an Easter mailing.

Regardless, I'll persist because I figure people aren't going to care if I'm late sending out our family's greetings and good wishes—as long as I do it sometime.

Recently I had a great time visiting an alumna. I enjoyed seeing her new little son and two daughters. I reminded her to visit the alumni website and send an update about her new baby so I can send her a Raider Rookie baby bib.

She laughed and said she hadn't even notified NWC about the birth of her daughters! I reassured her it's never too late. Just mention all three additions and whatever else is new, because classmates will want to read about it in the *Classic* regardless of whether it's breaking news or not.

I encourage all alumni to update their information using the new alumni webpages because classmates want to hear what's going on in your life, even if it's old news to you. Go online and add your name and e-mail to our alumni directory. That makes it easier for old friends to find you.

Do it now. Do it at Easter. Do it next Christmas. Just do it sometime.

Deaths

Clareen (Ter Harsh) Van Den Berg '36, age 88, died Oct. 7 in Wayne, N.J. A graduate of Northwestern Junior College and Calvin College, she taught at a Christian elementary school in Midland Park, N.J., for 15 years. She was a member of the Midland Park Christian Reformed Church, where she served as a deaconess, Sunday school teacher, choir member and soloist. She is survived by two children.

Helen De Jager '38, age 86, died Dec. 2 in Orange City. After attending NWJC, she completed a bachelor's degree at Westmar College. She taught for 42 years, including 26 years at Orange City Elementary

School in the first grade. She was a member of First Reformed Church, where she served as a Sunday school teacher and superintendent.

Peter Noteboom '43, '49, age 79, died Nov. 13 in Orange City. After graduating from Northwestern, he served in the Navy for one year before returning to Orange City. He and his wife operated several local businesses, including an ice business, several service stations and OC-Trailers. He was a lifelong member of First Christian Reformed Church, where he served as an elder and Sunday school teacher. He served on the boards of Orange City Christian School, Unity Christian High School, Dordt College and Hope Haven. Survivors

include his wife, Leona, three sons and four siblings, including **Tom** '41, '47 and '66 and **Luetta Oolman** '45.

Ron Muilenburg '57, age 67, died Nov. 5 in Orange City. After graduating from NWJC, he attended Iowa State Teachers College and also earned two master's degrees. He taught in high schools in Hawarden, Iowa, and Webster City, Iowa, and later moved to Oskaloosa, Iowa, where he worked as an adjuster and insurance salesman. Until his move to Orange City in 2002, he was an active member of the Central Reformed Church in Oskaloosa, where he served as a consistory member and teacher. For many years, he belonged to a gospel singing group that traveled around Iowa. He is survived by his mother and a sister.

Geneva (Vink '58, '81) Van Peurse, age 66, died Nov. 11 in George, Iowa. She taught elementary school for six years and worked as a bookkeeper for various Orange City businesses and First Reformed Church. She also served as the financial affairs assistant at NWC for more than 12 years, retiring in 1998. She is survived by her husband, **Mel** '58, and three children, including **Dan** '89 and **Randy** '92.

Emily (Harms '68) Matthiesen, age 59, died Dec. 28 in Luverne, Minn. After graduating from Northwestern, she received a master's degree from Augustana College in Sioux Falls and taught at Luverne Public School for over 35 years. She was a member of Grace Lutheran Church in Luverne. Survivors include her husband, Lyle, and a son.

Mark Dunlop '69, age 58, died Dec. 17 in Orange City. He served as student body president at NWC and later earned a master's degree in political science from the University of South Dakota. He was employed by Northwestern State Bank, Diamond Vogel Paints, and most recently, served for 10 years as

Sioux County's emergency management director. In addition to serving as a volunteer fireman in Orange City for 20 years, he was a member and deacon of American Reformed Church. He is survived by his wife, **Jo Anne (Van Dyken** '70); their three children; a brother, **Scott** '76; and a sister, **Deb De Haan** '78.

Juanita (Wilkerson '71) Bettin, age 80, died Dec. 22 in Hartley, Iowa. She was a teacher in several Iowa towns, including Ocheyedan, where she taught for more than 20 years. She was a member of the Order of the Eastern Star, Legion Auxiliary, the Tuesday Club, the United Methodist Church of Hartley and the Abu Bekr Auxiliary. Her survivors include her husband, Glenn; a son; and a brother.

Tamara Kuhnau '89, age 38, died of breast cancer Dec. 8 in Leland, Iowa. After receiving a degree in political science/pre-law from NWC, she worked for three years in Washington, D.C. She then returned to Iowa, serving as the director of student activities at Waldorf College in Forest City. She also worked in campus ministry and was a strength and conditioning coach for the football team. She is survived by her parents; a brother, **Dave** '92; and a sister.

Ann Maes '89, age 37, died June 4 in South Huntington, N.Y. She earned a bachelor's degree in music education from NWC and a master's degree in music education from Queens College in New York City. She directed high school choirs in several New York City schools and taught private music lessons in her home. She enjoyed cooking and studying liturgical music. She is survived by her parents and eight siblings.

Heidi (Jeltema '98) Altena, age 30, died Dec. 11 in Dallas, Texas. While attending Northwestern, she was a member of the basketball and volleyball teams, and she majored in elementary education. She lived in

Springfield, Mo., where she was a homemaker and tutor. Her survivors include her husband, Thomas; two sons; her parents, including Gary, supervisor of mechanical services; and siblings Amy Schutt '95, Tracy '03 and James '09.

Class notes

'42

Joyce (Muilenburg) Booher, Batavia, N.Y., recently had bilateral knee replacements.

'64

The Rev. Lyle Rozeboom has retired from the ministry after serving as pastor of Community Presbyterian Church in Rochester, Minn., for 15 years.

'70

Bernie Van Rockel, Urbandale, Iowa, recently accepted a position as the executive director of Serve Our Youth Network of Iowa, a faith-based organization that matches mentors and volunteers to high-risk youth in central Iowa. He previously served as principal of Waukee High School for 20 years.

'71

Diane (Holles) Fleenor, Osage, Iowa, has retired after teaching business education for 34 years at Osage High School.

'73

Edward Aronson is in his 33rd year of teaching and coaching. He is currently at Eagle Middle School in Boise, Idaho, where his football team had an undefeated season and won the city championship.

Cornie Wassink, Alton, Iowa, received the 2005 Outstanding Service Award for Iowa from the USA Track and Field National Officials Committee. He was also recognized as the Northwest Iowa Regional Official of the Year by the Iowa Association of Track Coaches.

'76

Dennis Durband, Gilbert, Ariz., recently joined the board of directors for the Arizona Right to Life Political Action Committee. He serves as the director of publications for United Families International.

'77

Kerry Bolt, Marion, Iowa, retired after 28 years as a U.S. Treasury agent and started his own forensic accounting business.

Mary Ann (Anker) Pals, Chesterton, Ind., had a piece of pastel artwork published in the March/April 2006 issue of *Pastel Journal* magazine. The work, entitled "Midnight Snack," won an honorable mention in the magazine's prestigious Pastel 100 competition.

Mel Tjeerdsma, offensive coordinator for Northwestern's football team from 1976 to 1983, has been named president of the American Football Coaches Association. The head coach at Northwest Missouri State University since 1994, he now leads an organization of nearly 11,000 coaches who range from the high school ranks to the NFL.

'78

Beverly (Bouwman) Rosenboom is principal of Whitewood (S.D.) Elementary School. She also serves as principal of eight rural schools in Meade County.

'81

Timm Dalman produced an outdoor music festival featuring Michael W. Smith last fall in Davenport, Iowa. This was the 500th Christian event he has produced since founding New Anthem Ministries 12 years ago. During the festival, which raised funds for the Salvation Army, he was honored for his community



Three generations of Van Peursems stand in front of "their" building, Van Peursems Hall: Myron '38, son Marlo '82 and granddaughter Kristina '09. The facility, Northwestern's main classroom building, was named for cousins of Myron's father, brothers who had donated a considerable amount of farmland to the college.

service and investment in regional ministry.

Barbara (Prins) Monster, Ocheyedan, Iowa, was recently promoted within Cookie Lee Jewelry, a direct sales company. She does home and office jewelry shows and fund-raisers, and reports that she's enjoying developing her unit.

'82

Marlo Van Peursems teaches theatre at Pella (Iowa) Christian High School, where he will help design a new worship and fine arts facility. His wife, Sue (Dalman '83), works with people with disabilities at Pella Christian and at the Christian Opportunity Center. They are the parents of three daughters, including Kristina, a freshman at NWC.

'83

Dean Koele has been promoted to chief information officer for Harker's Distribution, a food service distributor in Le Mars, Iowa. He is responsible for the development, procurement and maintenance of the firm's electronic information systems. He has worked at Harker's since 1990.

Jim Svoboda, Castaic, Calif., was a finalist for the prestigious Broyles Award, which is presented annually to the nation's top assistant football coach. As the quarterbacks coach at UCLA, he helped lead the 2005 team to a 10-2 record. In February, he was promoted to offensive coordinator.

'85

Mindy (Voorderman) Liechti was named the 2005 Outstanding Employee of the Year at Village Northwest Unlimited in Sheldon, Iowa. A 20-year employee at the Village, she is a vocational program manager and community living supervisor. She and her husband, Dan, live on an acreage northeast of Sheldon.

'88

Dawn (Kuiper) Swart, Sioux Falls, is pursuing a degree in pharmacy at South Dakota State University. Her husband, Bill '86, is an associate professor of sociology at Augustana College. He is in his ninth year of teaching.

Prayercorner



The Rev. Harlan
VanOort '82
Chaplain

One very cold morning, I noticed a professor walking to campus. Recognizing he had already gone quite a distance, I stopped to offer a ride. He responded, "No thanks, this is my meditation time."

On Northwestern's campus—and on the way to campus—prayer is very important. In prayer, we listen for God's calling and instruction. We are attentive to the Spirit. We concentrate; we exercise alertness and openness to new thoughts. We learn.

Prayer is also important for what is taught. People who teach at Northwestern walk by the Spirit as they engage in the educational process. What is offered in the classroom comes from a basic source of union with Christ.

Join in prayer for Northwestern College, for all the employees who work toward its mission, and for the students who are transformed for service in God's kingdom. Pray especially for those who teach as they challenge young minds in the realm of ideas by the power of the Holy Spirit.

'89

Derek and Joan (Vande Kamp) Brower returned to the U.S. last summer after working at a missionary school in Thailand for two years. They are now working at Central Lyon High School in Rock Rapids, Iowa, where he teaches science and she is a paraprofessional in the special education department.

Bill Dixon, a manager with Sherwin-Williams, recently moved to Murfreesboro, Tenn.

Ann (Lapinski) Jongsma, Woodridge, Ill., is a stay-at-home mom to Jenna (4). Jenna successfully completed over a year of chemotherapy, which treated brain tumors secondary to a diagnosis of neurofibromatosis.

Patrick (Rick) Van Ravenswaay, Sioux Center, is pursuing a Master of Divinity degree at North American Baptist Seminary in Sioux Falls.

'90

Dirk Bak, Hinton, Iowa, is a third grade teacher and freshman football coach in Le Mars. He has also started two new companies in the last two years, including a business of modifying engines and suspensions for motocross motorcycles. His wife, Amy, is a surgical assistant in Sioux City.

Dayle (Gage) Halverson recently moved to Portland, Ore., with her husband, Chip, and their three children, Gage (7), Amara (4) and Hania (2). She is a stay-at-home mom and enjoys exploring the local parks and beaches.

Cari (Zoeteman) Uit de Flesch, Kentwood, Mich., was recently recognized as an outstanding course leader by the American Institute for Chartered Property Casualty Underwriters and the Insurance Institute of America for her work in teaching insurance and financial services courses. She serves as a senior claims representative for Foremost Insurance Company in Grand Rapids.

'91

Lynn (Wesslink) Gelo works as a senior financial analyst for Carlson Companies in Minneapolis. She and her husband, Dan, live in Rogers with their children, Tyler (5) and Madison (2).

Denise Hansen, Hubbard, Iowa, is a kindergarten teacher at Hubbard-Radcliffe Elementary.

'92

Thomas De Boom is an environmental services assistant at Northwest Iowa Health Center in Sheldon, Iowa.

Eric Kruse, Allison, Iowa, is the regional appraisal manager for Vanguard Appraisals.

Pam (Doeden) Reints serves as the faculty secretary at Northwestern College.

Brian Siegrist, Overland Park, Kan., owns a remodeling business. His wife, **Michelle (Roozenboom '93)**, stays home with their three kids.

'96

Tobias Posvar is the administrator of Parkside Manor, a nursing home and assisted living facility in Stuart, Neb. His wife, **Lori (Jensen)**, works for the state of Nebraska as a social worker. They live in Stuart with sons Aidan (9) and Brandon (3).

'97

Pete and Esther (Leman '98) Errington continue to serve with Mission to Unreached Peoples as the area representatives in Spokane, Wash. He is the coordinator for the missions internship program, the Luke 10 Challenge, which enables young adults to explore short-term missions overseas. She is a stay-at-home mom for their three children and home-schools their kindergarten and preschooler.

'98

Yu Ling (Jackie) Cheung recently earned a master's degree in TESOL (teaching English to speakers of other languages) from Wheaton College. She is teaching English in Chicago and plans to return to Hong Kong this summer.

New alumni directory to be published

Northwestern has selected University Publishing Corporation to publish an updated alumni directory in 2007. The company's unique methods will allow us to provide an attractive and accurate directory to all participating alumni at no cost to Northwestern. The program will be funded entirely by voluntary contributions from participating alumni.

You will receive more information early this summer. By simply completing and returning an information card, you will automatically receive a directory. There is no specific fee, but you will be asked to give a contribution specifically to support the directory program. Do not confuse this with your Northwestern Fund contribution. Your enthusiastic response is crucial to the success of the program.

Distribution is scheduled for mid-2007.

Alumni gather in Tokyo

Fifteen alumni gathered for Northwestern's ninth annual Japanese reunion on Dec. 17 in Tokyo. Todd McDonald, director of international and multicultural affairs, and Grace Rohrer, international student counselor, brought greetings from the campus.

The event included a mini-Gala Auction featuring items donated by Northwestern's bookstore and Alumni Association. About \$100 was raised for student scholarships.

Eric De Bie recently moved to Fort Collins, Colo., where he started his own business as a real estate investor, buying homes in California, Arizona, Nevada and Texas.

Jeremy Van Engen teaches 6-12 physical education at Villisca (Iowa) Community School. He also serves as the school's athletic director and is an assistant coach for football and girls' and boys' basketball.

'99

Darrin DeVries is serving in his fourth year as pastor at Community Reformed Church in Clinton, Iowa.

Shelly (King) Johnson and her family recently moved to Huntsville, Texas, where she is a stay-at-home mom and home-school teacher. Her husband, Donald, is a staff sergeant recruiter for the U.S. Marine Corps.

Betsy (Russell) McFadden serves as the manager of public relations for the Fontenelle Nature Association in Bellevue, Neb. Her husband, Erin, is the property supervisor for Fontenelle Forest.

Chris and Lisa (Steiner) Van Hofwegen live in Iowa City, where Chris is doing a residency in orthopedic surgery and Lisa's residency is in family practice.

Wes Treadway, Carroll, Iowa, is the program director and morning announcer at KCIM radio, where he has worked for six years. His wife, Anjanette, recently received a degree in elementary education and

is a substitute teacher.

Jennifer (Van Wyk) Van Zante, Cedar, Iowa, has been promoted to a judicial clerk position. She is employed by the Mahaska County Clerk of Court's office and processes the criminal records for the county.

'00

Dan Houston continues to serve as the youth director at Second Christian Reformed Church in Grand Haven, Mich. His wife, Virginia, is a teacher at Grand Haven Christian School.

Tom Scholtens is deployed as an optometrist for the U.S. Army in

Iraq. His wife, **Sara (Katzenberger)**, teaches kindergarten in Ft. Hood, Texas.

'01

Kristen (Pothast) Bowden is working part time at the Dudley (Ga.) City Hall.

Nate Christoffels is a pharmaceutical sales representative for Novartis Pharmaceuticals. He and his wife, **Holly (Van Horn)**, recently moved to Ankeny, Iowa, after living in Jackson, Miss., for three years. She is a stay-at-home mom.

Julie Jansen serves as a high school counselor at Sioux City's Heelan Catholic High School. She also coaches freshman basketball.

Randy Olson, a former assistant track coach at Northwestern, continues to compete in national track events. He won the bronze medal in the 110-meter high hurdles at this year's National State Games in Colorado Springs.

Katie Severson, St. Bonifacius, Minn., will graduate this spring with a master's degree in ministry leadership from Crown College.

'02

Andrea (Weinert) Brown recently moved to Birmingham, Ala., where she teaches piano and woodwinds at Magic City Music Academy.

Kelly (Bauder) Calton, Denver, is finishing her project thesis for an international M.B.A. through the Universiteit Nyenrode in Bruekelen, the Netherlands.

'04

Ellie Brenneman works at Cain Ellsworth and Company in Sheldon, Iowa. She recently passed her CPA exams and is working on a master's degree through DeVry Institute.

Jenny (Przymus) Dighton, Council Bluffs, Iowa, is a special education preschool teacher at Rue Elementary School. Her husband, Alex, teaches at Heartland Family Service Therapeutic School.

Rebecca (Severson) Schrock, Bellflower, Calif., is pursuing a master's degree in clinical psychology: marriage and family therapy at Azusa Pacific University.

Alumni: What's new with you?

Let us know so we can tell your friends and classmates. Send to: Office of Public Relations, Northwestern College, 101 7th Street SW, Orange City, IA 51041. Or e-mail to classic@nwciowa.edu; fax number is 712-707-7370. Deadline for the summer '06 Classic is April 28.

Name _____
 Address _____

 Home phone _____ Class of _____
 E-mail _____
 Current employer(s) _____

Mini profile

Vermeer meets needs across the globe

by Sherrie Barber Willson '98

Lois Vermeer has been a nurse for 50 years, but while most people her age are slowing down, she's only getting busier.

Besides working part time for a nursing temp agency, this year she's planning a third service trip to Malawi, Africa, as well as trips to Israel (with her church) and Pakistan (to see her missionary daughter and family). And she stays busy collecting medical supplies to send to Malawi and other developing countries—work she began 20 years ago with her husband, Dick '50.

Yet the Greeley, Colo., resident is quick to say what she does is little compared to the work of others—and in light of the huge need. "There are many people who do much more than I do," Vermeer says. "Once you see the need, you want to do more and more. It gets in your blood."

Vermeer, who attended Northwestern Junior College in 1952–53, had barely ventured out of the U.S. before 2003, when she and her husband decided to visit Malawi for the first time. Dick died unexpectedly six weeks before they were to leave, but she chose to go anyway.

The experience was life changing. She was shocked by the devastating poverty (Malawi is among the poorest five countries in the world), yet moved by how friendly and gracious the people were. She returned in 2004.

Because her visits to Malawi are only for a few weeks, Vermeer does not take a formal nursing position there. Instead, she visits schools and medical sites across the country (at both large city hospitals and clinics in the remote bush), assisting where she can by starting IVs, running errands and helping in immunization clinics.

The hardest thing, she reports, is to see the lack of even the most basic medical supplies. "The hospitals do what they can, but even things like washcloths and towels are almost nonexistent," Vermeer says. "They use old sheets during surgery because they can't afford sponges. An administrator told me that if they didn't have help from people like us, they couldn't keep their doors open."

AIDS is widespread in Malawi—one hospital estimates 40 percent of its patients are infected—but easily preventable diseases like malaria are also major killers, as is hunger.

"My second trip was really sad," Vermeer says. "I had seen three babies die in two days, and it got to me. Here are people dying of malaria because they can't afford a \$3 mosquito net to protect them at night."

"A friend asked me, 'Why do you go, if it depresses you?' And I said, 'I need to.'"



Lois Vermeer holds a child outside of the hospital in Embangweni, Malawi, where she has provided medical assistance.

Kelli Vermeer, Mammoth Lakes, Calif., is an office manager for Snowmobile Adventures. She volunteers for Disabled Sports, assisting with skiing and snowboarding.

'05

Robyn Thomson Baker is the co-producer for Orange City's 2006 Tulip Festival night show. She is pursuing an associate's degree in industrial design.

Tyler De Haan is enrolled in the Master of Public Administration program at Drake University in Des Moines.

New arrivals

Bruce and Patty (Greenfield '81)

Whitaker, son by adoption from Korea, Luke Joon Seo (1), joins Abby (17), Amanda (13), Jonathan (8), Matthew (6) and Kailee (4).

Chris (Barnes '85) and Bill Dixon '89, son, Ezekiel John, joins Jesse (18), Danielle (16), Zachariah (13), Joshua (11), Caleb (9), Elijah (7), Rachel (5) and Sara (3).

Rene (Peterson '85) and Michael Ludeman '86, daughter by adoption, Samantha Joy (2), joins Robert (17), Sara (15) and Colin (13).

Jodie and Scott Nichols '86, son, Jonathan Scott, joins Robert (3).

Beaumont and Sue (Van Meeteren '88) Brush, daughter, Chloe Noelle, joins Isaac (4).

Greg and Janell (Hulstein '91) Pennings, daughter by adoption, Meysi Elyvia Aydra, joins Regan (6) and Parker (4).

Candace and Scott Van Egdom '92, son, Kade Michael, joins Keegan (7), Kylee (5) and Katie (2).

Dana (Smith '93) and Jim Daniels '98, daughter, Madalyn Elisabeth, joins Alex (2).

Michelle (Roozenboom '93) and Brian Siegrist '92, son, Stefan Tyler, joins Karina (7) and Marissa (3).

Planned giving notes



Cornie Wassink '73
Director of
Planned Giving

Three Things About Old Faithful

When you visit Yellowstone National Park, eventually you will find yourself standing with the crowds to see the eruption of the world's most famous geyser: Old Faithful. There are many geysers throughout the park, but there's only one Old Faithful. It's a sight to behold, and something you wouldn't want to miss.

As you stand there watching this natural wonder, you may make the following observations:

1. Old Faithful is perpetual.

Year after year, decade after decade, century after century, it just keeps right on spouting. It's persistent, unending, ceaseless. You can count on Old Faithful!

2. Old Faithful is predictable.

When you arrive at the scene, you will find signs announcing the next eruption. And sure enough, the "payout" happens pretty much on time. In fact, tourists check their watches and begin moving toward the viewing area a few minutes before "blastoff."

3. Old Faithful is popular.

There are many sights to see in the park, but it's Old Faithful that draws the big crowds. Tour buses and cars of every description jam the parking lots. Numerous shops and facilities accommodate the curious masses.

* * *

Endowed scholarships at Northwestern College are like Old Faithful. These ongoing funds perpetually provide income to fund student scholarships year after year after year. We can count on them!

Northwestern endowment funds are predictable. Every year, at appointed times, we receive the income necessary for funding numerous student scholarships. This consistency enables us to attract high-quality students by providing much-needed financial assistance now and in the future.

And endowed scholarships are popular too. For many donors, an endowed scholarship fund is the preferred way to support tomorrow's Northwestern College students.

You can create your own "geyser" by launching an endowed scholarship at Northwestern. It will perpetually and predictably provide funds for future needs. And thanks to you, it will be a vital source of ongoing student financial aid for generations to come.

To learn more about the endowed scholarship program at Northwestern College, contact me at 712-707-7109 or cwassink@nwciova.edu, or visit give.nwciova.edu.

Don and Kelli (Diekevers '94)
Heilbuth, daughter, Alex Lynne,
joins Christian (4).

Kristi (Waugh '94) and Brian
Hovenga '93, daughter, Jalyne
Nicole, joins Caleb (8), Grady
(5) and Emma (3).

Carrina (Uhl '95) and Kerby Huss '92,
daughter, Tierney Kae, joins Trever
(9), Conner (6) and Gavin (2).

Michael and Danelle (Adams '96)
Frank, son, Gage Michael.

Tim and Karla (Ploeger '96) Geyer,
daughter, Natalie Jeanne, joins
Luke (2).

Christine and Dean Van Farowe '96,
daughter, Anna Marie, joins
twins Zechariah and Elijah (1).

Bill and Michelle (Van Den Oever
'97) Jansma, son, Joshua Bennett,

joins Amber (10) and Grant (4).
Chris and Delia (Pini '97) Perry,
daughter, Lilya Jane.

Carly and Patrick Blackwell '98,
daughter, Catherine Reese, joins
Madeline (7) and Xavier (4).

Kirsten and Eric De Bie '98, son,
Aidan Thomas.

Sara (Armstrong '98) and Robbin
Eppinga '97, daughter, Elia Jean,

joins Samuel (3) and Emily (2).
Esther (Leman '98) and Pete
Errington '97, daughter, Shiloh
Irene, joins Aidan (5) and Talea
(3).

Jill (Godeke '98) and Matt Hugen '97,
daughter, Rebecca Anne, joins
Alissa (2).

Chrissy and Erik Karjalainen '98,
daughter, Emma Sue, joins
Katlyn (10), Joesiah (4) and Tyler
(2).

Jen (Rhinehart '98) and Sean
Nathaniel '98, son, Dinesh Micah,
joins Anishka (3).

Jodi (Schultz '98) and Mike Van
Leeuwen '98, daughter, Anna
Jeanne.

Amy (Work '98) and Brooks Walter
'98, son, Kadin Thomas.

Jason and Tish (Bergeson '98)
Wedgbury, son, Ezekiel Scott,
joins Emmersyn (3).

Donald and Shelly (King '99)
Johnson, daughter, Schuyler
Houston, joins Austin (5) and
Emily (3).

Sara and David Kment '99, daughter,
Aubrey Lynn.

Erin and Betsy (Russell '99)
McFadden, son, Mason Levi,
joins Molly (2).

Chris and Erin (Cleveringa '99)
Rylaarsdam, son, Jacob Cornel.
Anjanette and Wes Treadway '99,
son, Bryton Wesley.

Seth and Jennifer (Van Wyk '99) Van
Zante, son, Emmet Dean, joins
Ephraim (2).

Scott and Julie (Van Manen '99)
Wiederstein, son, John Evan.

Nick and Lisa (Kooima '00) Nafziger,
son, Jalen Michael.

Melanie and Stephen Bloom '01,
daughter, Annaliese Sophia.

Holly (Van Horn '01) and Nate
Christoffels '01, daughter, Mary
Kennedy.

Anna and Justin Grimm '01, daughter,
Payton Dianne, joins Logan (3).

Leah (Elder '01) and Corey
Mellegaard '02, daughter, Claire
Linea.

Angela (Roerdink '02) and Joel
Boersma '99, daughter, Rebecca
Mary.

Jaci (Van Engen '03) and Aaron
Feltman '00, daughter, Lauren
Elizabeth.

Miniprofile

Alumna takes youth ministry to the streets in East Belfast

by Amy Scheer

After graduating from Northwestern, Beth Harding '04 headed for the quiet mountains of southeastern New Mexico. There, as program director of Lone Tree Camps, she taught climbing, rappelling and horseback riding. She slept in a trailer and lived a peaceful existence for about a year.

Today, she works in a rowdy pub where doors get kicked in, fights break out and adolescents mouth off to her in a dialect she can barely follow.

Harding is spending a year in Northern Ireland as a volunteer at the East Belfast Mission. The mission offers programs to counteract the effects of the area's considerable poverty. Staff provide a hostel for the homeless, thrift shops, youth events, counseling services and hot meal delivery.

After learning of the opening through religion professor Mitch Kinsinger,

who has organized Spring Service Projects to the mission for the past two years (see page 12), Harding raised financial support from her family, friends and church in Newcastle, Neb., to cover her basic living expenses overseas.

She spends her days in the office and most evenings in Luk4, a former pub that has been renovated to serve as a youth center.

"Luk4 is a ministry of presence," Harding wrote in a Christmas letter to family and friends. "Providing a safe atmosphere where kids can relax and chill; providing an alternative to the violence, drinking and drugs on the streets; attempting to provide a structured environment where personal development can take place. This ministry of presence is all about being Jesus to the kids that step through the doors of Luk4."

Harding, who describes herself as restless and interested in everything, had trouble choosing a major at



Beth Harding stands in front of one of the many paramilitary murals she sees as she walks to work each day in East Belfast, Northern Ireland.

Northwestern. A major in psychology and a minor in youth ministry won out, making for a combination she sees as complementary. "I am fascinated by adolescence and loved studying adolescence from both a developmental perspective and a ministry perspective," she says.

The week before she arrived in Ireland, riots had broken out in East Belfast. Charred remains of bonfires and overturned streetlights served as a reminder of the

violence weeks into her stay. Being in the midst of such conflict is about "collecting experiences," says Harding, who wants to be a good steward of her freshly forming perspectives on the church, America and youth ministry.

"It is hard work and messy and draining," she says, "but in the midst of the chaos, I am finding such beautiful moments of inspiration and glimpses of hope to hang on to."

Amanda (Ulmer '03) and Greg Schoolland '02, son, Jack Westley.

Marriages

Eric Kruse '92 and Kara Steinfeldt, Allison, Iowa.

Darrin DeVries '99 and LeEllen Givens, Clinton, Iowa.

Dan Houston '00 and Virginia

Degroot, Grand Haven, Mich.

Kristen Pothast '01 and Jason Bowden, Dudley, Ga.

Kelly Bauder '02 and Bryan Calton, Denver.

Andrea Weinert '02 and Paul Brown, Birmingham, Ala.

Travis Albers '03 and Wendy Seekamp '05, Council Bluffs, Iowa.

Nichole Blaede '03 and Adam Cline, Ankeny, Iowa.

Christie Jans '03 and Lance Kille, Sioux Center.

Brandon Rounds '04 and Natalie Koele, Jackson, Miss.

Jenny Przymus '04 and Alex Dighton, Council Bluffs, Iowa.

Robyn Doornenbal '05 and Matthew Hoekstra '05, Upland, Calif.

Ben Landegent '05 and Emily Sweet '08, Mescalero, N.M.

Kendall Stanislav '05 and Ashley Adams '06, Orange City.

Rachelle Cook '06 and Jacob Johnson '05, Charlottesville, Va.

The couples reside in the city listed.

Mental Illness: What Would Jesus Do?

by Jason Kanz '95

Perhaps you see him mumbling to himself and picking at his clothing as you walk down the street. You know from past experience that he will ask you for money. You think to yourself, "If I avoid eye contact and cross to the other side of the street, we can steer clear of a confrontation."



Perhaps you avoid spending time with her. Her child is always on the go, misbehaving at every turn. You surmise, "If she were married or a better parent, she wouldn't have all of these problems." Somehow, his misbehavior *must* be her fault. You offer advice (or is it judgment?), but she never listens to you.

Perhaps he tells you, "I'm not an alcoholic. I just like to have a drink or two when I get home. It helps me relax." Still, you know he never stops at one—and only rarely at two. In fact, he usually drinks until he passes out. You hope with all of your heart that your dad is not an alcoholic, but you often wonder.

Maybe you know a person like this. Maybe you are a person like this.

All of us have been touched by mental illness. When many people think of mental illness, they imagine severe and chronic diseases like schizophrenia. However, the scope of mental illness is much broader. It includes depression, anxiety, ADHD, autism and other disorders.

Essentially, mental illnesses are disabling diseases of behavior and emotion. They are, unfortunately, all too common. According to the National Alliance on Mental Illness, one in 20 adults and as many as one in 10 children suffer from severe mental illness. Add to that the much higher numbers of people who experience transient or milder forms of mental disease, and it is easy to see how everyone has been affected in some way.

Despite the high prevalence of mental illness, it is interesting that society tends to ignore it, hoping it will go away. When we do acknowledge it, we usually treat it differently than physical illness.

When loved ones develop cancer or heart disease, we can imagine how the combination of environment and biology produces a condition that affects their physical well-being. Perhaps doctors show us pictures of the problem, which makes it even easier to visualize and accept. Furthermore, when our loved ones develop a physical illness, we often do not perceive psychological changes, so we continue to treat them with compassion and support.

Mental illness is much harder to visualize. We often characterize mental illness as the result of poor parenting, lack of intelligence, personal weakness or "unclean living." It is unlikely that doctors will be able to produce an actual picture of what is wrong because, in most cases, mental illness doesn't show up in pictures.

However, as a doctor who studies the relationship between brain functioning and behavior, I can assure you that severe mental illness is the result of a physical cause. In our culture, we draw a clear distinction between physical illness and mental illness, but the reality is that the distinction is probably not so clear. Individuals with mental illness overproduce one type of chemical (i.e., neurotransmitter) in the brain or underproduce another.

In many cases, psychiatrists and psychologists are able to find the right combination of medicines and treatments to bring those neurotransmitter levels back to normal. In some cases, they can't.

Whether or not people with mental illness respond to treatment or even seek treatment, the Christian response should be the same. Christ modeled that response for us throughout his earthly ministry. He responded to all who came to him in the same way: with compassion and mercy, not judgment and fear.

We are also reminded to act this way in Matthew 25:37–40: "When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?" The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'

Try giving the man on the street a handout and offering a listening ear rather than crossing the road. Offer to watch your friend's son for a while so she can relax for a change. Your helping hand will be significantly more welcome than your advice—or judgment. Tell your father how much you love him and that you are concerned for him; he might respond in the way you desire.

It takes a great deal of courage to accept mental illness in others—even more so in ourselves. When we open up and listen with the compassion and mercy of Christ, we may begin to see the label of "mental illness" fade and a hurting soul come into focus.

Jason Kanz '95 earned a doctorate in counseling psychology at the University of Iowa. He is completing a residency in neuropsychology at the Medical College of Wisconsin in Milwaukee.

Send your Classic thoughts to classic@nwciowa.edu

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"My coach cares more about me as a person than as a runner. His humility and our team Bible study at his house have influenced my spiritual growth the most."

Laura Jacobson '08

Galva, Iowa
Communications and literature major
Cross country and track athlete



After running eight miles together in 90-degree weather, my teammates and I eat together in the caf', and that's my favorite part of the day. Another favorite time is our weekly team Bible study. I picked Northwestern because people here care about you everywhere you go. Before college, I thought I knew about things like relationships and faith. But I've had so many different experiences that have made me think, "Wow, I don't know much at all." The Northwestern ads say you'll come away with full ownership of your faith, and that's true for me. Your donation to the Northwestern Fund gives students like me the opportunity for experiences and relationships that will help me stay on track toward a faithful future.

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EXPERIENCE REAL DUTCH HOSPITALITY



Imagine biking through historic cities in the Netherlands, enjoying nature and stopping to see eye-catching museums, mansions and windmills. Northwestern's fourth Netherlands Bike Tour will give you that opportunity—as well as the fun of being part of an NWC alumni tour.

Northwestern's Deb and Cornie Wassink '73 will host the summer 2007 tour, which features a different route from previous NWC bike tours. For more information on joining them, contact Karen Woudstra, director of alumni and parent relations, at karenw@nwciowa.edu or 712-707-7127, or visit www.nwciowa.edu/biketour.

