

# Northwestern College/Western Iowa Tech Community College Athletic Training Program Articulation Plan

## Western Iowa Tech Community College

| First Semester                                                 |           | Second Semester                               |           |
|----------------------------------------------------------------|-----------|-----------------------------------------------|-----------|
| SDV108 The College Experience                                  | 1         | ENG106 Composition II                         | 3         |
| PSY111 Intro to Psychology                                     | 3         | BIO174 Human Anatomy & Physiology II w/Lab    | 4         |
| ENG105 Composition I                                           | 3         | HSC127 Kinesiology (w/lab)                    | 4         |
| BIO169 Human Anatomy & Physiology I w/Lab                      | 4         | PET400 Prevention & Care in Athletic Training | 4         |
| SPC122 Interpersonal Communication<br>(or selected humanities) | 3         | PET140 Clinical Practicum in Ath Training I   | 1         |
| PET104 Introduction to Athletic Training                       | 2         |                                               |           |
| <b>Total Credits:</b>                                          | <b>16</b> | <b>Total Credits:</b>                         | <b>16</b> |

| Third Semester                           |           | Fourth Semester                           |           |
|------------------------------------------|-----------|-------------------------------------------|-----------|
| CLS212 Diversity                         | 3         | BIO151 Nutrition                          | 3         |
| MAT121 College Algebra                   | 4         | CHM176 General Chemistry II               | 5         |
| CHM166 General Chemistry I               | 5         | Philosophy, History or Literature         | 3         |
| SPC112 Public Speaking                   | 3         | PET171 Clinical Pract in Ath Training III | 1         |
| PET150 Clinical Pract in Ath Training II | 1         | MAT157 Statistics                         | 4         |
| <b>Total Credits:</b>                    | <b>16</b> | <b>Total Credits:</b>                     | <b>16</b> |

Graduate with Associates Degree (Pre-Athletic Training OR Physical Therapy Assistant)

***NOTE: Student applies in the Spring Semester of their 2<sup>nd</sup> year to get into the NWC AT Program***

## Northwestern College – Even Year Entry

| Fifth Semester                    |           | Sixth Semester                           |           |
|-----------------------------------|-----------|------------------------------------------|-----------|
| KIN251 Practicum in AT I          | 1         | KIN252 Practicum in AT II                | 1         |
| KIN243 Recognition & Evaluation I | 3         | KIN244 Recognition & Evaluation II       | 3         |
| KIN371 Sports Nutrition           | 3         | KIN342 Therapeutic Interventions         | 4         |
| KIN325 Physiology of Exercise     | 4         | KIN330 Exercise Testing and Prescription | 3         |
| REL150 Christian Story I          | 4         | Electives                                | 4         |
| <b>Total Credits:</b>             | <b>15</b> | <b>Total Credits:</b>                    | <b>15</b> |

| Seventh Semester                     |           | Eighth Semester           |              |
|--------------------------------------|-----------|---------------------------|--------------|
| KIN351 Practicum in AT III           | 1         | KIN352 Practicum in AT IV | 1            |
| KIN451 Practicum in AT V             | 1         | KIN452 Practicum in AT VI | 1            |
| KIN349 Org & Admin in AT             | 2         | BIO320 Pharmacology       | 4            |
| KIN355 Psychosocial Aspects of Sport | 2         | Aesthetic Experience      | 3-4          |
| Philosophy, History or Literature    | 4         | Senior Seminar            | 2            |
| Electives                            | 5         | Electives                 | 4            |
| <b>Total Credits:</b>                | <b>15</b> | <b>Total Credits:</b>     | <b>15-16</b> |

**Total Credits Needed to Graduate    124**

# Northwestern College/Western Iowa Tech Community College Athletic Training Program Articulation Plan

## Western Iowa Tech Community College

| First Semester                                                 |           |  | Second Semester                               |           |
|----------------------------------------------------------------|-----------|--|-----------------------------------------------|-----------|
| SDV108 The College Experience                                  | 1         |  | ENG106 Composition II                         | 3         |
| PSY111 Intro to Psychology                                     | 3         |  | BIO174 Human Anatomy & Physiology II w/Lab    | 4         |
| ENG105 Composition I                                           | 3         |  | HSC127 Kinesiology (w/lab)                    | 4         |
| BIO169 Human Anatomy & Physiology I w/Lab                      | 4         |  | PET400 Prevention & Care in Athletic Training | 4         |
| SPC122 Interpersonal Communication<br>(or selected humanities) | 3         |  | PET140 Clinical Practicum in Ath Training I   | 1         |
| PET104 Introduction to Athletic Training                       | 2         |  |                                               |           |
| <b>Total Credits:</b>                                          | <b>16</b> |  | <b>Total Credits:</b>                         | <b>16</b> |

| Third Semester                           |           |  | Fourth Semester                           |           |
|------------------------------------------|-----------|--|-------------------------------------------|-----------|
| CLS212 Diversity                         | 3         |  | BIO151 Nutrition                          | 3         |
| MAT121 College Algebra                   | 4         |  | CHM176 General Chemistry II               | 5         |
| CHM166 General Chemistry I               | 5         |  | Philosophy, History or Literature         | 3         |
| SPC112 Public Speaking                   | 3         |  | PET171 Clinical Pract in Ath Training III | 1         |
| PET150 Clinical Pract in Ath Training II | 1         |  | MAT157 Statistics                         | 4         |
| <b>Total Credits:</b>                    | <b>16</b> |  | <b>Total Credits:</b>                     | <b>16</b> |

Graduate with Associates Degree (Pre-Athletic Training OR Physical Therapy Assistant)

***NOTE: Student applies in the Spring Semester of their 2<sup>nd</sup> year to get into the NWC AT Program***

## Northwestern College – Odd Year Entry

| Fifth Semester                       |              |  | Sixth Semester                           |           |
|--------------------------------------|--------------|--|------------------------------------------|-----------|
| KIN251 Practicum in AT I             | 1            |  | KIN252 Practicum in AT II                | 1         |
| KIN243 Recognition & Evaluation I    | 3            |  | KIN244 Recognition & Evaluation II       | 3         |
| KIN349 Org & Admin in AT             | 2            |  | KIN330 Exercise Testing and Prescription | 3         |
| KIN355 Psychosocial Aspects of Sport | 2            |  | Christian Story I                        | 4         |
| KIN325 Physiology of Exercise        | 4            |  | Electives                                | 4         |
| Aesthetic Experience                 | 3-4          |  |                                          |           |
| <b>Total Credits:</b>                | <b>15-16</b> |  | <b>Total Credits:</b>                    | <b>15</b> |

| Seventh Semester                  |           |  | Eighth Semester                  |           |
|-----------------------------------|-----------|--|----------------------------------|-----------|
| KIN351 Practicum in AT III        | 1         |  | KIN352 Practicum in AT IV        | 1         |
| KIN451 Practicum in AT V          | 1         |  | KIN452 Practicum in AT VI        | 1         |
| KIN371 Sports Nutrition           | 3         |  | BIO320 Pharmacology              | 4         |
| Philosophy, History or Literature | 4         |  | KIN342 Therapeutic Interventions | 4         |
| Electives                         | 6         |  | Senior Seminar                   | 2         |
|                                   |           |  | Electives                        | 3         |
| <b>Total Credits:</b>             | <b>15</b> |  | <b>Total Credits:</b>            | <b>15</b> |

**Total Credits Needed to Graduate    124**